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DOUBLE ISSUE

Nov. 18 - Dec. 1, 2023

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Moments in time

THE HISTORY CHANNEL

• On Nov. 20, 1998, the first module of the International Space Station, Zarya ("Dawn"), was launched. Russian-built and American-owned, its name signified the concept of a new era of international space cooperation.

• On Nov. 21, 1931, the horror film "Frankenstein" was released, starring Boris Karloff as the monster created from corpses. Based on Mary Shelley's 1818 novel "Frankenstein; or, The Modern Prometheus," it was a commercial success and is still widely considered one of the greatest movies of all time.

• On Nov. 22, 1718, the infamous pirate Blackbeard was killed off the coast of North Carolina by British naval lieutenant Robert Maynard, who'd been dispatched by Virginia's Lieutenant Governor Alexander Spotswood to track him down. As a warning to others who might be pondering a career in piracy, Spotswood had the buccaneer's head mounted on a pike at the mouth of the Hampton River.

• On Nov. 23, 1976, 49-year-old

Frenchman Jacques Mayol, sometimes known as "Dolphin Man," became the first person to dive 100 meters into the sea without the use of breathing equipment. Seven years later, he broke his record with a dive of 105 meters.

• On Nov. 24, 2012, a fire in the Tazreen Fashion clothing factory in Dhaka, Bangladesh, killed over 110 people and injured another 200. The tragedy shed light on poor working conditions for employees who made export clothing in the country and led to major labor reforms in Bangladesh and the fashion world, which promised to take steps to ethically source its products.

• On Nov. 25, 1834, Delmonico's, one of New York's finest restaurants, offered its customers a meal of soup, steak, coffee and half a pie for 12 cents. Even as we sigh for the "good old days," however, we should remember that this meal would also cost an unskilled laborer about an hour's wage.

• On Nov. 26, 1865, "Alice's Adventures in Wonderland" by Lewis Carroll (born Charles Lutwidge Dodgson), a mathematics don at Oxford University, was published in the U.S. The beloved children's classic, which has never gone out of print, has been translated into 174 languages and adapted for the cinema, art, ballet, opera, musicals, theme parks, board games and video games.



1. What was the Bristol Stomp?
2. Name the first chart topper for Gladys Knight & the Pips.
3. Which group released "In the Still of the Night"?
4. Who was Jiles Perry Richardson Jr.?
5. Name the song that contains this lyric: "Come bring me your softness, Comfort me through all this madness."

1. A dance done to the song of the same name by The Dovells in 1961. See YouTube for examples of the dance. Don't miss the grandma in the patched jeans demonstrating the dance.
2. "Every Beat of My Heart," in 1961. They didn't have another No. 1 hit until "I Heard It Through the Grapevine" in 1967 and "If I Were Your Woman" in 1970.
3. The Five Satins, in 1956. It's been covered by numerous others and used in several films, including "Dirty Dancing" in 1987 and "The Irishman" in 2019.
4. Richardson, or JP, was The Big Bopper, who wrote and released "Chantilly Lace" as well as many others. He died in 1959 in the plane crash that also killed Buddy Holly and Ritchie Valens.
5. "With You I'm Born Again," by Billy Preston and Syreeta Wright, in 1979. The song was used in the soundtrack of the 1979 film "Fast Break."

Answers

HOROSCOPES **ARIES - Mar 21/Apr 20** Aries, you may be tempted to tie up loose ends this week, but there is a lot to finish so expect things to take longer than you hoped. Focus only on one project at a time.

TAURUS - Apr 21/May 21 Taurus, your words and actions may not be matching up right now. This may be confusing to others. It may be better to just lead by example.

GEMINI - May 22/Jun 21 Gemini, things have been moving along quite easily for you and you are enjoying the respite. Take all the deep breaths you can during this period of recovery.

CANCER - Jun 22/Jul 22 Time has been passing quite rapidly, Cancer. You may be feeling like you aren't quite catching up to the clock. As long as some work is getting finished, you are completely fine.

LEO - Jul 23/Aug 23 Leo, you are anxious to go on an adventure, but you simply can't find time in your schedule. You may just have to make it happen by turning off your devices and heading out.

VIRGO - Aug 24/Sept 22 Virgo, even if you are sure that your perspective will win over the crowd, you have to accept there will be some who don't agree with you. Be gracious and don't step on any toes.

LIBRA - Sept 23/Oct 23 Libra, although you might not realize it, someone is making a concerted effort to get to know you this week. Be open to new relationships and you may make a lifelong friend.

SCORPIO - Oct 24/Nov 22 Scorpio, you have worked hard and are now

beginning to enjoy the fruits of your labor. Treat yourself to whatever you would like. Be proud of your efforts.

SAGITTARIUS - Nov 23/Dec 21 Conversations with others should be kept light and easy this week to avoid any drama, Sagittarius. Delving deeper into others' lives is the furthest thing from your mind.

CAPRICORN - Dec 22/Jan 20 Capricorn, are your achievements isolating you from others? You may have to let someone else get some of the glory this week, if only to show your vulnerable and accommodating side.

AQUARIUS - Jan 21/Feb 18 Do not avoid others to escape conflict, Aquarius; otherwise, you are only delaying the inevitable. Speak your mind and address the situation with tact and professionalism.

PISCES - Feb 19/Mar 20 Pisces, your self-esteem can soar this week if you surround yourself with the right people. Fill your days with fun and many activities.

FAMOUS BIRTHDAYS

NOVEMBER 18 Kirk Hammett, Musician (61)

NOVEMBER 19 Adam Driver, Actor (40)

NOVEMBER 20 Dierks Bentley, Singer (48)

NOVEMBER 21 Jenna Malone, Actress (39)

NOVEMBER 22 Auli'i Cravalho, Actress (23)

NOVEMBER 23 Justin Turner, Athlete (39)

NOVEMBER 24 Katherine Heigl, Actress (45)



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HOROSCOPES **ARIES - Mar 21/Apr 20** Aries, you might feel like you do not measure up to others this week. How others see you is completely different from your perception. Don't be too hard on yourself.

TAURUS - Apr 21/May 21 Taurus, letting go is a hard lesson to learn this week. You may have to retire a plan that just can't come to fruition. But don't worry, new ideas are in the works.

GEMINI - May 22/Jun 21 Gemini, try not to hold onto negative emotions. Focus on all of the happy memories you have made with others and your mood will instantly brighten.

CANCER - Jun 22/Jul 22 Honesty is the best policy, Cancer. So have that frank conversation with someone even if full disclosure can be a bit uncomfortable. Afterward, you'll be glad you did.

LEO - Jul 23/Aug 23 Don't underestimate your abilities, Leo. You are imaginative and creative when the mood suits you, as it will this week. Look for your muse and get started.

VIRGO - Aug 24/Sept 22 Virgo, stay open to external influences and you may be able to infer some things about the future that can guide you in the days ahead. It's good to stay ahead of the curve.

LIBRA - Sept 23/Oct 23 Libra, this is a good week to take stock of the people who mean the most to you. Express your feelings to these people and spend some time with them.

SCORPIO - Oct 24/Nov 22 A little dose of being naughty might do you

some good this week, Scorpio. Call in sick from work and enjoy a day shopping or simply indulging in a little entertainment.

SAGITTARIUS - Nov 23/Dec 21 You have basic needs that have to be met, and a strong network of friends and coworkers can get you through any rough patch, Sagittarius.

CAPRICORN - Dec 22/Jan 20 Capricorn, although you can't narrow it down just yet, something doesn't feel right in your world. Keep investigating and trust your instincts.

AQUARIUS - Jan 21/Feb 18 Aquarius, you have reached a crossroads where everything you have dreamed and worked for has finally converged. This is the time to enjoy the fruits of all your labor.

PISCES - Feb 19/Mar 20 Pisces, rather than looking at the differences between you and someone else, look at the similarities. This is a great way to begin a friendship.

FAMOUS BIRTHDAYS

NOVEMBER 25 Billy Burke, Actor (57)

NOVEMBER 26 Rita Ora, Singer (33)

NOVEMBER 27 Jaleel White, Actor (47)

NOVEMBER 28 Trey Songz, Singer (39)

NOVEMBER 29 Russell Wilson, Athlete (35)

NOVEMBER 30 Chrissy Teigen, Model (38)

DECEMBER 1 Zoe Kravitz, Actress (35)



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TV-CROSSWORD



The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

ACROSS

- Lauren ___ of "Superstore"
- Guinness or Baldwin
- "Auntie ___"; Rosalind Russell film
- Braggart's problem
- Elmo's color
- "A Million ___"
- ___ Grant (1977-82)
- Actor McBride
- Number of seasons for "The Honeymooners"

- Prolonged pain
- Part of VIP
- Entertainer Don
- Initials for Ed of "Married ... With Children"
- "Pan ___", 2011-12 Christina Ricci series
- "___ Wife and Kids"
- Smokey or Yogi
- End of each "Old MacDonald" verse
- Hawaii's Mauna ___
- "___ Bless America"
- Role on "The Good Doctor" (2)
- UK network
- Role on "Two and a Half Men"
- "___ Got a Secret"
- Bart's "Grampa"
- "The ___ Guys"; 2016 Russell Crowe movie
- Special-order shoe

- Colbert movie
- Uno, __, tres ...
- "___ Burnett Show"
- "___ of the Body Snatchers"; 1978 horror film
- Gregory Peck's "Moby Dick" role
- "Lassie ___ Home"; Roddy McDowall classic
- Part of the musical scale (2)
- Ma, for one (hyph.)
- Sitcom about a waitress
- Son on "The Munsters"
- "___ for All Seasons"; Oscar winner
- Wilder or Hackman
- Organization for Knicks & Nets
- Flow back
- Actor Wallach
- Fond du __, WI
- Actress Arden
- Last letter

DOWN

- "___ in the Family"
- "___ Married an Axe Murderer"; Nancy Travis film
- "Starsky and ___"
- African nation
- Tavern order
- "How I ___ Your Mother"
- Canyon sound
- ___ Felice Smith of "NCIS: Los Angeles"
- "The ___ and I"; Claudette Colbert movie



SOAP updates

COMPILED BY DANA BLOCK

DAYS OF OUR LIVES Harris was concerned about Ava's new job. Stefan made a shocking discovery. Li had words for Wendy. Chad discovered Stephanie and Everett together. Marlena, Roman and Brady celebrated the nuptials. Wendy vowed revenge. Rafe demanded answers from Gabi. EJ set business aside to celebrate his wedding night. Paulina had an ace up her sleeve. John and Marlena celebrated their anniversary. Maggie reminisced about Victor. Tensions increased during the custody battle between Sarah and Xander. Alex and Theresa hatched a plan. Rafe bore the news of Gabi's fate. Wendy's courage was tested. Dimitri grappled with his guilt. Jada honed in on Leo and Dimitri. **Wait to See:** Stephanie sets boundaries with Everett. Chad debates playing dirty. Melinda finds a baby for Eric and Sloan.



Lauralee Bell is "Christine" on "The Young and the Restless."

GENERAL HOSPITAL Sam and Dante voiced their concerns. Finn was uneasy. Esme made a confession. Chase put his foot in his mouth. Valentin was horrified. Sonny offered

support to Anna. Robert had an explanation. Gregory helped Alexis with an ethical dilemma. Sam felt overjoyed. Curtis received some valuable advice. Tracy made an announcement. Michael was relieved. Austin got cagey. Sonny shared some shocking info with Ava. Sasha tried to mend a broken bond. Olivia jumped to action. Lois cautioned Brook Lynn. Spencer felt betrayed. Dante briefed Anna and Sonny. Valentin treaded very carefully. Alexis and Blaze got acquainted. Trina didn't mince words. **Wait to See:** Elizabeth vents to Laura. Anna is blindsided. Olivia has reason to celebrate.

THE YOUNG AND THE RESTLESS Victor summoned the Newmans to a meeting. Claire kept a secret from Nikki. Mariah and Tessa were tested as parents. Victor made a shocking announcement. Devon questioned Nate's sincerity. Lily experienced mixed signals with Daniel. Victor questioned Nick about his future. Danny kept the peace between Phyllis and Christine. Chance caught Nina off guard. Victoria and Nate shared a difference of opinion. Christine set boundaries with Danny. **Wait to See:** Phyllis weighs her options. Sharon and Summer stand their ground. Daniel romances Lily.

COUCH THEATER DVD PREVIEWS

BY AMY ANDERSON

"The Curse" (TV-MA) — Known usually for beautifully captivating the big screen in films like "La La Land" and "Cruella," actress Emma Stone decided to produce and star in a television series that premieres on Nov. 10! Stone portrays Whitney Siegel, wife of Asher (Nathan Fielder), and together, the pair star in a home-improvement show called "Flipanthropy." The concept of the show is simple: Whitney and Asher flip buildings in the lower-class area of Espanola in ways that are supposed to reflect the community. But when their careless actions don't reflect their "honest" intentions, a young girl from the community places a curse on them just as they are trying to conceive their first child. The genre-bending series is an intriguing caricature of how gentrification runs rampant in our society through the pretense of being virtuous. (Paramount+)

"The Buccaneers" (TV-MA) — Move over, "Bridgerton." There's another high-

society drama series in town with even more of a modern twist. Taking place in the 1870s, a group of five American girls are graciously invited to London by Lord Richard Marable (Josh Dylan) for the debutante's ball. Once the girls arrive, however, their new-money culture clashes with Britain's old-money traditions, and things don't kick off as smoothly as ex-



Michael Fassbender stars as an assassin in "The Killer."

pected. But with their best friends by their side, and whirlwind romances in ample supply, the girls still plan to make special memories for a lifetime. Starring "Mad Men's" Christina Hendricks, "Looking for Alaska's" Kristine Froseth and Alisha Boe of "13 Reasons Why," this series premieres its first three episodes on Nov. 8, with episodes following every Wednesday thereafter. (Apple TV+)

"The Killer" (R) — Director David Fincher ("Gone Girl") went neo-noir for

his latest action thriller, which premieres on Nov. 10. Fincher also brought actor Michael Fassbender ("X-Men: Dark Phoenix") back to the big screen after a four-year hiatus from movies. Starring in the lead role, Fassbender plays a haunting professional assassin deemed "The Killer," who is a master of his craft. Even though he thinks he has his fatal methods down to a science, one of his hits goes left. Once the cracks start to appear in his previously sturdy foundation, he's on the fast track to a terrible psychological crisis. Tilda Swinton ("Asteroid City") and Charles Parnell ("Top Gun: Maverick") also co-star. (Netflix)

"Fool's Paradise" (R) — Another comedic actor — Charlie Day ("It's Always Sunny in Philadelphia") — has decided to put on his director's hat for the first time. In this satirical comedy out on Nov. 10, Day stars as a patient who gets released from a mental hospital that can no longer afford to treat him. He resorts to selling oranges on the street, where he is then found by a Hollywood producer who claims he has an uncanny resemblance to the failing method actor Sir Tom Bingsley (also played by Day). The producer then hires him to replace Bingsley, which quickly propels him from homelessness into stardom. Even though the cast is full of heavy hitters — Ken Jeong, Adrien Brody, Jason Sudeikis, Edie Falco, Jason Bateman, and even a posthumous performance from Ray Liotta — the film received generally negative reviews. (Hulu)

celebrity extra

by Dana Jackson

Q: I recently saw the movie “Killers of the Flower Moon,” which is based on a true story. Who is the lead actress in it? Is she of Native American heritage? — L.I.

A: Yes, actress Lily Gladstone is of Blackfeet and Nez Perce indigenous ancestry and grew up on the Blackfeet Indian Reservation. She earned her bachelor’s degree of fine arts in acting/directing at the University of Montana with a minor in Native American Studies. “Killers of the Flower Moon,” the newest film by acclaimed director Martin Scorsese, isn’t her acting debut, but it will very likely lead to her first Oscar nomination, as she has wowed audiences with her performance in a film that also stars Robert De Niro and Leonardo DiCaprio.

According to an article in Entertainment Weekly, what cemented Gladstone’s decision into taking the role in “Flower Moon” was the fact that Scorsese “sought out input from the Osage community.” The movie, which is based on the book by David Grann, is about a series of real murders in the 1920s that took place on the oil-rich land of Oklahoma’s

Osage Nation, which led the newly formed FBI to jump on the case.

Before landing this high-profile role, Gladstone auditioned but never won roles on the hit series “Yellowstone,” a show she calls “delusional” in its portrayal of her native people. She has appeared in several critically ac-



Actress Lily Gladstone
 (“Killers of the Flower Moon”)

claimed series, however, including Showtime’s “Billions” and FX on Hulu’s “Reservation Dogs.”

Q: With all the delays because of the strikes, what is the latest on the upcoming “Snow White” movie? Will it be in theaters or just on TV? — H.O.

A: The live-action Disney film “Snow White,”

starring Rachel Zegler (“West Side Story”), has postponed its release date. Originally planned to debut in theaters in March 2024, it’s been pushed back to March 21, 2025. It’ll be directed by Marc Webb and co-star Gal Gadot (“Wonder Woman”) as the Evil Queen. The original animated “Snow White” film was released in 1937. While the upcoming release is technically live-action, the seven dwarfs will be digitally enhanced with CGI.

Q: Whatever happened to actress Bridgette Wilson? I remembered that she was in the first big Adam Sandler movie “Billy Madison,” but I haven’t seen her in anything lately. — K.J.

A: Bridgette Wilson won the Miss Teen USA pageant in 1990 before making a name in Hollywood over the next couple of decades. After playing Sandler’s love interest in the hit comedy “Billy Madison,” she starred in the action film “Mortal Kombat,” the horror flick “I Know What You Did Last Summer,” and the romantic comedy “Love Stinks.”

In 2000, she married tennis champion Pete Sampras and changed her name to Bridgette Wilson Sampras. The couple has stayed under the radar since Pete retired in 2002 and has been raising their two sons in California. Sadly, Pete recently announced that Bridgette has been battling ovarian cancer and asked for “good thoughts and prayers for our family as Bridgette continues to thrive on her healing journey.”

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Millie Bobby Brown, veteran of two “Godzilla” films, two “Enola Holmes” films with Henry Cavill, and the Netflix series “Stranger Things” (as Eleven), is a confirmed bachelorette! She admitted she didn’t grow up dreaming about marriage: “That wasn’t my dream. My dream was to have a baby. I wanted to be the woman that my mom is to me, and I wanted to be the woman that my grandmother was to me. So that was never my ... intention to be a wife.”

But all of that changed when she met Jake Bongiovi, son of rocker Jon Bon Jovi. She’s 19, and he’s 21. Oh, young love! They’ve been together since 2021 and got engaged this past April, but there’s no date for the couple’s “I do’s” quite yet.

His next film is “Sweethearts,” and hers is “The Electric State,” opposite Chris Pratt, Ke Huy Quan, Stanley Tucci, Brian Cox, Anthony Mackie, Jason Alexander and Billy Bob Thornton. “Stranger Things” was renewed for a fifth season, and although they started shooting in June, they have been delayed by the strike.



Actors Jake Bongiovi and Millie Bobby Brown

Even before he decided to play Elvis Presley in “Priscilla,” Jacob Elordi starred opposite Zachary Quinto in the true-crime serial-killer film “He Went That Way.” The film’s release was delayed due to the pandemic and the death of its Australian director Jeffrey Darling, who drowned while surfing in March 2022.

The film is a wicked spin on “buddy road trip” pictures, set in 1964 following 19-year-old serial killer Bobby (Elordi). It was based on the true story of celebrity animal trainer Dave Pitts and his fateful three-day encounter with serial killer Larry Lee Raney, and premiered at this year’s Tribeca Film Festival.

Quinto can also be seen in “Down Low”

with Simon Rex, Audra McDonald and Judith Light, which dropped on Oct. 10. He also starred in the sci-fi film “Distant” with Anthony Ramos, set to be released on Jan. 19, 2024.

Netflix, despite Wall Street’s expectations for increased earning growth per share and subscribers in the third quarter, is planning a new round of price hikes. Anticipating that they will soon settle the strikes with the writers and actors, the company feels that the new contracts will create some emptiness in free cash flow. Having to pay more for actors and writers is being called “a bridge too far” by the streaming service.

Rodgers and Hammerstein were the royal kings of Broadway musicals for many years. Many of their musicals were adapted into films that became major blockbusters, such as “Oklahoma!” starring Gordon MacRae and Shirley Jones. It grossed \$7.1 million in 1955. Another was “South Pacific” starring Rossano Brazzi and Mitzi Gaynor, which grossed \$17.5 million in 1958. When “Oklahoma!” was screened this past July in 800 cinemas around the world, it was a box-office sensation, so you can expect more classic films like these to return to cinema glory. It definitely makes for “Some Enchanted Evening!”



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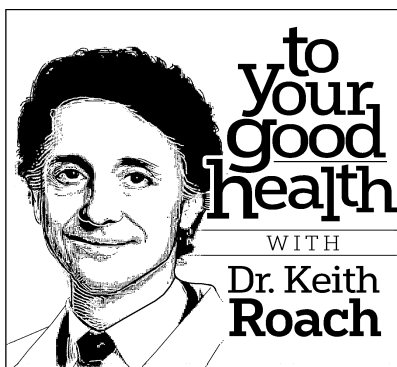
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Hyaluronic Acid Can Improve Joint Pain, but Isn't Recommended

DEAR DR. ROACH: A friend recommended hyaluronic acid for joint pain in my wrist and hand. I have been taking 180 mg once a day for a couple months now and have experienced notable success. I also feel that my neck pain and range of motion in my neck have improved. My question is, what exactly is hyaluronic acid? Is it safe, and are there any side effects I should be aware of? — T.E.

ANSWER: Hyaluronic acid is a naturally occurring substance composed of long strings of sugar. Because of this structure, it carries a great deal of water, so it acts as a shock absorber and lubricant for several places in the body, in-

cluding the joints. Hyaluronic supplements are usually purified from chicken cartilage, but can also be produced by bacterial fermentation. The body makes about 5,000 mg of hyaluronic acid daily.

Multiple studies on injections of hyaluronic acid have shown that it is only slightly better than a placebo at treating arthritis, especially of the knee. I have stopped recommending injection treatments to my patients with knee arthritis, as they are quite expensive. Oral hyaluronic acid, however, is inexpensive. There have been several small studies showing benefit (again, mostly for the knee rather than the neck), but I couldn't find any well-done large studies that were convincing.

There is very little harm from hyaluronic acid. **TITLE:** None of the studies I've read found any serious side effects; however, that doesn't mean it is completely safe, since supplements aren't regulated the way prescription medicines are. But I can conclude that oral hyaluronic acid is possibly effective and probably safe for treatment of osteoarthritis.

The studies have mostly used doses in the 100-200 mg range, but I have seen supplements for sale that have 20 mg or less of hyaluronic acid. I'm glad you are taking a similar dosage to what is shown to be effective.

DEAR DR. ROACH: I have had muscle twitches in virtually every part of my body for about 50 years now. These fasciculations usually occur somewhere on my body every day. My legs and arms are the most common areas. There is no discomfort, and they rarely last more than a minute or two. Why do these occur, and should they be of any concern? I am an active, healthy 58-year-old male who isn't on any medication. — D.I.

ANSWER: Muscle fasciculations are common. Most people get them from time to time, sometimes in the small muscles like the eyelid and sometimes in the large muscles like your legs and arms. Fasciculation can be a sign of a serious neurological problem, such as a lower motor neuron disease. If the muscle doesn't receive proper neurological signals, it increases its receptors so that the muscle can be easily stimulated, causing twitching.

If you had suddenly developed this, especially with weakness or atrophy of your muscles, that would be very worrisome, and you should see a neurologist right away. However, since it has been going on so long, it is very unlikely to be a serious disease.

You probably have benign fasciculation syndrome, which, as its name suggests, is not a worrisome condition and usually does not worsen over time.

SUDOKU PUZZLE

by Linda Thistle

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| 5 | | | | 7 | | 2 | | |
| 2 | 1 | | 6 | | | | 7 | |
| | | 3 | | | 4 | 8 | | 9 |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the number from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging

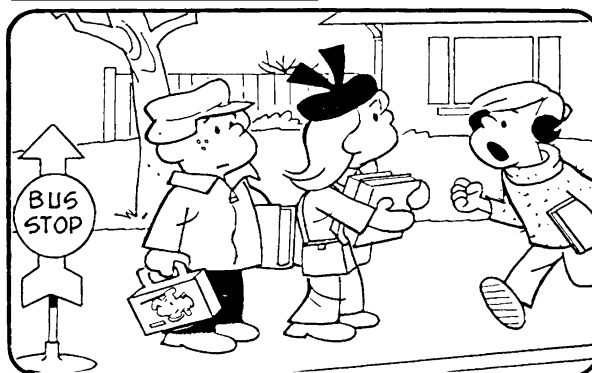
♦♦♦ HOO BOY!

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| 8 | 6 | 1 | 2 | 4 | 5 | 9 | 7 | 3 |
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| 9 | 6 | 4 | 2 | 7 | 3 | 8 | 1 | 5 |
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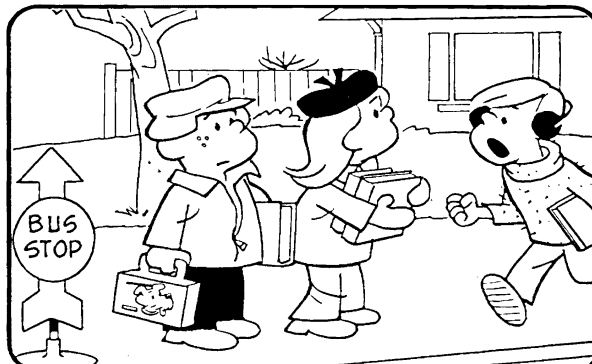
Answer

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Sign is shorter. 2. Lunchbox is moved. 3. Jacket is opened. 4. Hat bow is smaller. 5. Purse is missing. 6. Arm is lower.



Photos by Stephanie Petersen Photography



by Anthony D'Angelico



PIERO'S SCHOOL OF MUSIC

The best thing about music is that it is for everyone. Piero's Music, located on the corner of 45th Street at 942 Broadway in Bayonne, New Jersey, is a safe haven for music lovers. The bi-level entrance to this immaculate shop is amazingly attractive with colorful displays featuring electric and acoustic guitars, 3 steps down is a well stocked array of banjos, keyboards, amplifiers, drums, and instructional materials and accessories!

Not only is Piero's Music a classic mom and pop shop that Bayonne is famous for, but it's a place to learn and love. The owner, Mike Fumento, is a music teacher who has been serving Hudson County for over 17 years. Mike is proud to induct students of all ages into the beautiful art of music: children, adults, and retirees! You are never too young or too old to pick up an instrument here at Piero's. The rates for music lessons (featuring a variety of instruments to learn, including voice!) are \$25.00 for a half hour. You cannot put a price on the beauty of learning music, but when Mike does, it's a modest one. Music lessons are currently available in person from 3:30 pm to 8:00 pm, Monday through Friday, and 11:00 am to 3:30 pm on Saturdays.

Mike wants to encourage people of all ages in the Bayonne community to learn how to play musical instruments, which is why Piero's is thrilled to announce their newest age group inducted to the art of sound:

942 Broadway, Bayonne, NJ
(cor. of 45th St.)

Call Now 201-437-3220

Music for Toddlers! Talented musician Elyse Carafa will begin to lead music lessons for preschool children from the ages 2 to 4. The classes are fun, collaborative, and introduce a new skill for the youngsters. Join Piero's as they sing, dance, and learn about instruments in a family friendly environment. A foundation in music can set the young generation of Bayonne up for success in school and life! Each child must be accompanied by an adult and it costs \$30.00 per child. Call 201-437-3220 today and reserve a spot for your child and their future!

Many of Piero's music instructors are either state certified, graduate students or academics. Mike Fumento is a man who loves music and wants to inspire all generations to love the craft, as well. His love and skill are admirable and it shows in the skill of his employees. . . Piero's is the mecca for music; don't hesitate to enter!

Be assured that all staff members know their stock. The owner and staff place all items. No work is performed on commission. Piero's is about helping its customers and stimulating their love of music. Piero's repairs are a great example of affordable and quality work.

Stop by early to get the best time and date for your lessons. Sign up now while spots are available. Piero's Music: a musician's paradise.

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WOLFGANG PUCK'S KITCHEN Homemade for the holidays: Give a gift of cookies all season long

By Wolfgang Puck

I recently shared some memories centered on my love baking holiday cookies, along with an easy recipe for peanut butter cookies. But, from early childhood, I learned one very important rule on this subject from my mother and grandmother: One kind of cookie alone is never enough at the holidays.

That's why, while there's still plenty of time to get all of your baking done before the arrival of Christmas and Hanukkah, which begins this year the same day as Christmas Eve, I would like to offer another delicious, easy-to-make cookie recipe. This one also fulfills another important requirement of holiday sweet offerings, in that it features rich chocolate flavor.

I love to include some chocolate among the treats I prepare for the festive season. It is, after all, my favorite sweet flavor. And these little cookies deliver big, intense hits of chocolate, flavored as they are not only with cocoa powder but also bittersweet chocolate. Be sure to use a good-quality chocolate, including European brands like Valrhona from France or Callebaut from Belgium; a premium American make like Scharffen Berger; or one of the many other boutique labels you can find today in gourmet markets and specialty food shops.

The cookie dough itself is easy to mix, especially if you have a stand mixer. But you could also put it together with a good, sturdy hand-held electric mixer. Chilling the dough after you form it into balls is essential to help you get the firm yet crumbly texture that I like so much about these cookies.

Another big part of the cookies' appeal is the thumbprint in each one. Children love to help shape them, too. Just before you serve the cookies is the time to fill those indentations with jam. (Any sooner, and the moisture in the jam could turn the cookies soggy.) I like to use raspberry jam, but any other flavor that you think goes with chocolate - apricot, cherry, orange marmalade - would also make an excellent choice.

If you want extra-chocolaty cookies, fill them with chocolate ganache instead of the jam. Just put 3/4 pound (375 g) of chopped bittersweet chocolate in a heatproof bowl, pour 1 cup (250 mL) of hot heavy cream over the chocolate, let it rest for a couple of minutes, and then whisk until smooth and shiny. Let the ganache cool slightly before filling the cookies. (Or use your favorite jar of chocolate-nut spread from the supermarket instead.)

Pack airtight tins with an assortment of these

cookies, along with any other home-baked cookies you like, and you'll have holiday gifts well worth giving and happily received!

BITTERSWEET CHOCOLATE- RASPBERRY THUMBPRINT COOKIES Makes about 6 dozen

3 cups (750 mL) plus 3 tablespoons
all-purpose flour

1/4 cup (60 mL) unsweetened cocoa powder

1/4 teaspoon kosher salt

4 ounces (125 g) bittersweet chocolate,
cut into small pieces

3/4 pound (375 g) unsalted butter (3 sticks),
at room temperature, cut into small pieces

1 1/3 cups (330 mL) confectioners'
sugar, sifted

2 large cage-free egg yolks

Raspberry jam

Line one or two baking sheets with parchment paper and set aside.

Into a mixing bowl, sift the flour, cocoa powder and salt. Set aside.

In a small heatproof bowl set over a pan of simmering water, melt the chocolate pieces. When almost melted, turn off the heat and leave it to melt completely, stirring occasionally.



In the large bowl of an electric stand mixer fitted with a paddle or beaters, beat together the butter and confectioners' sugar, starting on low speed until the sugar is fully incorporated. Then turn the speed to high and continuing to beat until the mixture turns very fluffy and white, about 5 minutes. Stop the machine occasionally, as needed, and scrape down the sides of the bowl and under the beaters with a rubber spatula, to ensure even blending.

On medium speed, add the egg yolks one at a time, beating just until combined. Add the melted chocolate and mix well on medium speed. Reduce the speed to low and slowly pour in the sifted ingredients, beating just until incorporated. Do not overmix.

Remove the bowl from the mixer. With clean hands, form the dough into small balls about 1 generous tablespoon each. Place each ball on the lined baking sheet, spacing them about 2 inches (5 cm) apart, then gently press a thumb into each ball to make a deep indentation in the center. Cover loosely with parchment paper or plastic wrap and refrigerate for at least 2 hours or as long as overnight to help keep the indentations intact.

Before baking, position the oven rack in the center. Preheat the oven to 350 F (175 C). Bake the cookies for about 12 minutes, rotating the baking sheet or sheets back to front halfway through. Transfer to a wire rack to cool. If using only one baking sheet, leave it to cool before putting more cookies on it.

Before baking, position the oven rack in the center. Preheat the oven to 350 F (175 C).

Bake the cookies for about 12 minutes, rotating the baking sheet or sheets back to front halfway through. Transfer to a wire rack to cool. If using only one baking sheet, leave it to cool before putting more cookies on it.

Dave & Charlie's SUBS



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Provolone / Sharp Provolone
Swiss / Pepper Jack / Muenster
Fresh Mozzarella (extra charge)
Cheddar

COLD SUBS

Extra Cheese on Regular 50¢
& Giant \$1.00 on All Subs

| | 7" REG | 14" GIANT |
|---|--------|-----------|
| Best Sub | \$9.30 | \$16.60 |
| ham, cappicola, prosciuttini, salami, provolone | | |
| Spiced Ham, Provolone Cheese | \$7.00 | \$12.00 |
| Ham, Salami, Cheese | \$7.80 | \$13.60 |
| Cheese Trio | \$8.30 | \$15.00 |
| Super | \$8.80 | \$15.60 |
| (ham, cappicola, salami, cheese) | | |
| Club | \$8.80 | \$15.60 |
| Pepperoni or Salami, Cheese | \$8.30 | \$14.60 |
| Tuna Salad (white meat) | \$8.80 | \$16.60 |
| Ham & Swiss | \$7.80 | \$13.60 |
| Great Roast Beef | \$9.80 | \$17.60 |
| Roast Turkey | \$8.80 | \$15.60 |
| Bologna & Choice of Cheese | \$7.80 | \$13.60 |
| Roast Beef, Turkey, Cheese | \$9.30 | \$16.60 |



HOT SUBS

| | 7" REG | 14" GIANT |
|-------------------------------|---------|-----------|
| Hot Roast Beef w/gravy & mozz | \$10.80 | \$19.60 |
| Grilled Chicken | \$8.30 | \$14.60 |
| Pastrami | \$9.30 | \$17.60 |
| Fish Filet | \$8.80 | \$15.60 |
| Burger Sub | \$9.00 | \$16.00 |
| Chicken Filet | \$7.80 | \$14.00 |
| Meatball Sub | \$8.30 | \$15.60 |
| Veggie Burger | \$8.80 | \$15.60 |
| BLT | \$7.30 | \$13.60 |
| Chicken Parmigiana | \$8.80 | \$16.60 |

All Subs are garnished with lettuce, tomatoes, onions, oil, vinegar and oregano or try mayo, Russian dressing or honey mustard sauce in place of oil & vinegar



SALADS

| | |
|--------------------------|--------|
| Chef Salad | \$8.80 |
| Tuna Salad | \$8.80 |
| Grilled Chicken Salad | \$8.30 |
| Garden Salad | \$4.30 |
| Potato or Macaroni | |
| Salad/Cole Slaw | \$2.00 |
| Tuna Container (1/2 lb.) | \$4.00 |
| Chili | \$4.50 |

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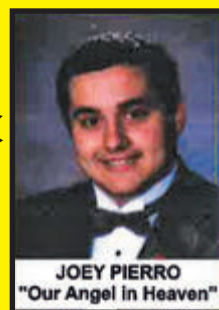
BEVERAGES

| | |
|---|--------|
| 32 oz. Fountain Drinks | \$2.00 |
| (Pepsi / Diet Pepsi / Orange / Fruit Punch / Lemonade / Sierra Mist / Iced Tea / Cherry Pepsi) | |
| 16 oz. Snapple | \$2.25 |
| Bottled Water | \$1.00 |

EXTRAS

| | |
|---|--------|
| Freshly Baked Cookies .60¢ or 3/\$1.50 (Choc. Chip / Oatmeal Raisin / White Choc. Macadamia) | |
| Assorted Chips | .50¢ |
| Pound Cake | \$2.00 |
| Chocolate Bars & Other Candy | \$1.25 |
| Soup | |
| (Chicken Noodle or Cream of Broccoli) | \$4.00 |

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by Ryan A. Berenz

1. Who portrayed sportscaster Howard Cosell in the 2002 TV movie "Monday Night Mayhem," which dramatized the origins of "Monday Night Football"?
2. Name the Indian-American gym-

nast who won a silver medal at the 2004 Athens Summer Olympics and has an uneven bars salto named after her in the Code of Points.

3. The Norfolk Neptunes, Hartford Charter Oaks, Wheeling Ironmen and Charleston Rockets were teams in what pro football league that played five seasons from 1965-69?

4. What two English Premier League football clubs from the West Midlands compete in a rivalry known as the Black Country derby?

5. What boxer, known as "The Harlem Hammer," was sentenced to nearly 30 years in prison for the 2004 slaying of sports journalist Sam Kellerman?

6. In 1995, sportscaster Bob Papa succeeded Jim Gordon as the radio play-by-play voice of what NFL team?

7. What member of the Kentucky Colonels was selected No. 1 overall by the Chicago Bulls in the 1976 ABA dispersal draft?

7. Artis Gilmore.

6. The New York Giants.

5. James Butler Jr.

West Bromwich Albion.

4. Wolverhampton Wanderers and

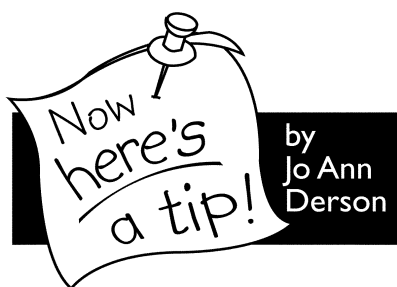
(COFL).

3. The Continental Football League

2. Mohini Bhardwaj.

1. John Turturro.

Answers



• "For that nagging toilet where the chain on the flush lever keeps getting stuck, here's what I do: Trash that chain and use some curling ribbon. Tie it on and adjust the length. Once you've got it set, you shouldn't have to mess with it again for a very long time!" — M. in Minnesota

• Need pumpkin pie spice? Mix 1/2 teaspoon cinnamon, 1/4 teaspoon ginger, 1/8 teaspoon nutmeg and 1/8 teaspoon ground cloves for each teaspoon needed.

• "Clearance aisles and sales are a savvy shopper's best friend. I buy age-appropriate games and toys all year from sales rack and with coupons, so that I am always armed with birthday presents and donations to holiday drives." — A.P. in Pennsylvania

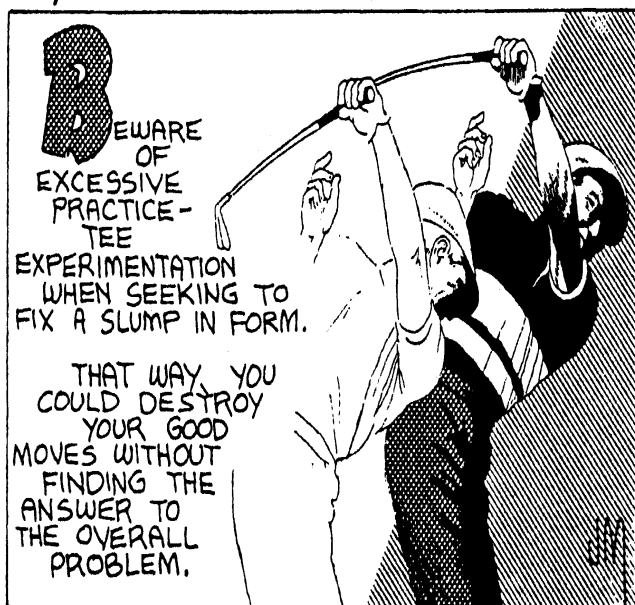
• "I try to keep a backpack of 'just in case' items in my car trunk. In the summer it has sunblock and bug spray, etc. I have just refilled it for winter. There is a bottle of water, snack items as well as large towels

that double as blankets, tools and a road flare, socks, an extra pair of shoes, etc. It pays to be safe!" — C.C. in North Carolina

• Make your own "hot pocket" using rice: Fill an empty sock with rice to about three-fourths full. Tie or sew closed. Create a pouch by using a bandana to wrap it up; either tie or sew the bandana into a removable pocket. To use, microwave the sock for 1 to 1 1/2 minutes. Remove carefully. Remove bandana and wash from time to time.

• Here's a great cooking hint: When you want to sear meat, make sure you pat it dry using either paper towels or a kitchen cloth specifically for that purpose. Any moisture on the meat will cause it to steam cook.

Play Better Golf with JACK NICKLAUS



Strange BUT TRUE

By Lucie Winborne

- Hummingbirds are the only birds that can fly backward. In fact, they're so impressive in the air that they've been referred to as the "flying ninja."
- And speaking of flying, fruit flies can turn in midair simply by shrugging their shoulders.
- Want to feel safer while driving? White cars are considered the safest color because they typically stand out against black roads. Statistics have also shown that they're 12% less likely to be involved in an accident than black cars.
- Forefingers possess the highest dexterity among their eight neighbors.
- If you ever visit China, don't hug a tree! The act was forbidden after a mass tree hugging occurred outside of China's imperial garden and the Chinese government speculated that the huggers were part of a suspicious cult.

- Until it actually blows against something, wind makes no sound.
- Gold will never erode because it is chemically inert, meaning it doesn't react to oxygen in the atmosphere.
- Earlier this year, Taylor Swift's "Eras" tour performances registered as a 2.3 earthquake on seismometers in Seattle due to the collective dancing of her enthusiastic fans. The activity was compared to 2011's "Beast Quake," in which Seattle Seahawks fans shook the ground as they celebrated a touchdown, but Ms. Swift's lasted longer.
- During the 12th century, tennis was first played in France, but without rackets. Instead, players used the palms of their hands to lob the ball back to their opponents.
- Humans' ability to detect and discern scents fluctuates throughout the day, peaking during the late hours when environmental stimuli decrease, likely due to changes in body temperature and brain activity.

Thought for the Day: "For pilgrims walking ... every footfall is doubled, landing at once on the actual road and also on the path of faith." — Robert Macfarlane

? Trivia test by Fifi Rodriguez

1. GEOGRAPHY: What is the second-largest country in South America?
2. COMICS: What is Dennis the Menace's last name?
3. SCIENCE: Who established the universal laws of motion in the 17th century?
4. MOVIES: What is the name of Marlon Brando's character in "A Streetcar Named Desire"?
5. FOOD & DRINK: What is The Dude's favorite beverage in "The Big Lebowski"?
6. TELEVISION: Which long-running TV comedy features a character named Diane Chambers?

7. AD SLOGANS: What item did this ad slogan say you should not leave home without?
8. LANGUAGE: What is chiaroscuro?
9. HISTORY: What was the name of the building where the former Beatle John Lennon was shot to death in 1980?
10. ASTRONOMY: Which planet in our solar system is covered in sulphuric acid clouds?

1. Argentina.
2. Mitchell.
3. Isaac Newton.
4. Stanley Kowalski.
5. White Russian.
6. "Cheers."
7. The American Express card.
8. Distribution of light and dark in drawing and painting.
9. The Dakota apartment building.
10. Venus.

Answers



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Soups

Chicken Noodle \$5
Soup of the Day \$4

Appetizers

Italian Sausage\$13
Sautéed in tomato Sauce w/onions & peppers
Zuppa Di Clams\$15
Clams sautéed in white or red sauce w/garlic
Mussels Mariner\$15
Mussels sautéed in light & spicy tomato sauce
Shrimp Cocktail\$15
6 Chilled Shrimp served with cocktail sauce
Southern Fried Catfish Strips ..\$14
Catfish fried in season's delight breading
Eggplant Stack\$14
Breaded Eggplant stacked w/tomato & mozzarella
Season's Delight Meatballs ..\$12
Beef or Turkey meatballs in a special tomato sauce
Clams in Garlic Sauce\$17
Clams sautéed in garlic & olive oil
Fried Calamari\$14
Calamari fried in southern spices
Fried Shrimp\$16
6 Shrimp fried in season's delight breading
Chicken Fingers\$9
Fresh Chicken breast fried in southern flour
Fried or Baked Winglets\$9
6 winglets in hot/sweet/BBQ or buffalo sauce

Salads

House Salad\$10
Mixed greens w/tomatoes, onions and croutons
Spinach Salad\$16
Fresh spinach w/tomatoes, egg, onion & cheese
Caesar Salad\$12
Romaine lettuce w/parmesan cheese & croutons
Turkey Salad\$15
Mixed lettuce w/turkey, black olives & cheese

Pastas

Spaghetti w/meatballs
& sausage\$10
Turkey meatballs/sausage topped w/tomato sauce
Lobster Ravioli\$25
Lobster ravioli over lobster w/tomato sauce & parmesan
Four Cheese Ravioli\$13
Ravioli in tomato sauce w/parmesan cheese
Linguini w/clams sauce\$10
Clams over linguine w/garlic & olive oil

Pasta & Chicken

Chicken Parmigiana\$24
Chicken breast covered w/mozzarella cheese w/tomato
Chicken Francese\$23
Chicken breast dipped w/egg in lemon butter sauce
Chicken Penne A La Vodka\$24
Chicken breast in a creamy tomato vodka sauce
Grilled Chicken Breast\$23
Chicken breast in garlic & butter w/vegetables

Pasta & Chicken cont'd.

Chicken Pasta Alfredo\$23
Chicken breast over pasta w/four cheese sauce
Chicken Marsala\$24
Chicken breast over a brown mushroom sauce
Stuffed Chicken Breast\$26
Fried chicken breast stuffed w/cornbread stuffing
Chicken Bolognese\$24
Ground chicken in white wine w/spicy tomato sauce

The Meats

16 oz. T-Bone Steak\$34
Cooked to your choice w/two sides
New York Strip Steak\$30
Cooked to your choice w/two sides
Southern Fried Cube Steak ...\$24
Fried steak smothered in gravy w/onions
Filet Mignon\$38
Cooked to your choice w/two sides
Southern Beef Ribs\$32
Season's Delight sweet & spicy BBQ sauce
Grilled Lamb Chops\$29
Season's Delight sweet & spicy BBQ sauce

Seafood

Shrimp Parmigiana\$28
Shrimp topped w/mozzarella cheese & tomato sauce
Stuffed Jumbo Shrimp\$28
Jumbo shrimp over southern cornbread stuffing
Stuffed Red Snapper\$32
Red snapper stuffed w/seafood stuffing
Broiled Filet of Sole\$21
Fried or broiled sole stuffed w/garlic & butter sauce
Sautéed Scallops over Risotto ..\$29
6 Scallops grilled in garlic over risotto
Shrimp Pasta Alfredo\$25
Shrimp over pasta w/four cheese sauce
Shrimp Scampi\$24
Shrimp sautéed w/garlic & olive oil
Season's Delight BBQ Salmon ..\$26
Fresh salmon covered in season's delight BBQ
Fish & Chips\$21
Fresh fried cod w/French fries
Fried Whiting or Flounder\$21
Fresh fried whiting or flounder w/1 side

Dishes w/No Meat

Eggplant Parmigiana\$20
Fried eggplant covered w/mozzarella cheese & tomato
Pasta Primavera\$20
Pasta w/fresh vegetables
Penne Vodka Sauce\$16
Pasta w/alfredo sauce
Tortellini Alfredo\$16
Tortellini over homemade alfredo sauce

Scan
For All
Items



Southern Dinners

Smoked Turkey Wings\$23
Baked turkey wings w/gravy w/a side of mac & cheese
& collard greens
Southern Fried Chicken Breast ...\$21
Fried chicken breast smothered w/gravy & rice w/collard
greens or cabbage or green beans
BBQ Beef Ribs\$32
Beef ribs smothered in BBQ sauce w/potato salad &
green beans
Fried Whiting or Flounder\$15
Fried whiting or flounder w/mac & cheese or
potato salad & a vegetable or salad

Sides

Southern Green Beans\$8
Green beans cooked w/turkey
Vegetarian Collard Greens\$7
Collard greens cooked w/garlic
Vegetarian Garlic Green Beans ...\$7
Green beans cooked w/garlic
Steamed Mixed Vegetables\$7
Mixed vegetables cooked w/garlic
Southern Candied Yams\$8
Sweetend yams baked to perfection
Fried Rice w/Egg\$7
Add chicken \$3.00 / Shrimp or Beef \$6.00
Southern Collard Greens\$9
Collard greens cooked w/turkey
Sautéed Spinach\$7
Spinach cooked w/garlic & butter
Sautéed Broccoli\$7
Broccoli cooked w/garlic
Sautéed Zucchini & Squash\$8
Fresh zucchini & squash sautéed w/garlic
Southern Macaroni & Cheese ...\$9
Macaroni baked & seasoned w/several cheeses
Plain Rice\$5
White Rice

Desserts

Calandra's, Chocolate Cake ...\$8
Chocolate Fudge Brownie\$6
Calandra's, Bakery Tiramisu ...\$8
Calandra's, Bakery Flan\$7
Cheesecake Factory,
Key Lime Pie\$8
Calandra's Bakery,
Strawberry Cheesecake\$7
Cheesecake Factory, Pineapple
Upside Down Cake\$8
Cup of Vanilla Ice Cream\$3

Hot Beverages

Espresso\$4
Cafe Latte\$5
Coffee\$3
Cappuccino\$5
Hot Chocolate\$4
Tea\$3