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TV TALK



A WEEKLY MAGAZINE March 9 - March 15, 2019

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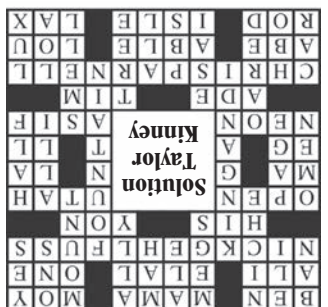
TV CROSSWORD



The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

- ACROSS**
1. Stiller or Stein
 4. Vicki Lawrence's title role on her '83-'90 sitcom
 8. Matthew of "2 Broke Girls"
 11. 2001 Will Smith film
 12. Israel's flagship airline (2)
 13. "___ Life to Live"
 14. Actor on "Chicago Med" (2)
 17. "A Boy and ___ Dog"; Don Johnson movie

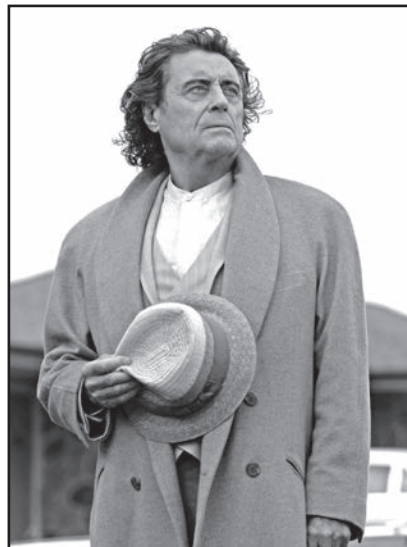
18. Hither and ___; in many directions
19. "___ Season"; 2006 Ashton Kutcher film
24. Esther, to John Walton Sr.
25. "___ Law" (1986-94)
26. Actor Marshall
27. Initials for the star of "Alice"
28. "The ___ Demon"; 2016 Elle Fanning movie
30. Short-lived 2002 Emily Corrie series (2)
32. Ending for lemon or lime
34. Allen or Conway
35. Actor on "Happy Together" (2)
41. Actor Vigoda
42. Up to the task
43. "___ Grant" (1977-82)
44. Stewart or Serling
45. "The Magic of Belle ___"; Morgan Freeman film
46. Not at all strict
1. Forbid
2. Actor Marienthal
3. Wall recess
4. Ryan and Tilly
5. Frothy drink
6. ___-jongg
7. Actress Sheedy
8. Whitney or McKinley
9. Walk-___; actors with
10. "___, Dear"
15. "The ___"; 1956 Deborah Kerr film
16. "Three Coins in the ___"; 1954 Dorothy McGuire movie
19. "The ___"; 1976 Gregory Peck horror film
20. Singer Patti
22. "___ want for Christmas is my two front teeth ..."
23. "Two and a ___ Men"
29. Rowed
31. One of the five senses
33. Actor Morales
34. "One ___ Hill"
35. "My Mother the ___"
36. Premium cable channel
37. "Sesame Street" network
38. "___ in the Family"
39. Hawaii's Mauna ___
40. Bar soap brand



War is brewing between Old and New Gods in Season 2 of 'American Gods'

By George Dickie

The destinies of gods and men collide, bringing the battle to a crisis point as Starz's "American Gods" returns for its second season this week.



Ian McShane stars in "American Gods," returning for its second season Sunday on Starz.

Premiering Sunday, March 10, the eight-episode sophomore round finds Mr. World (Crispin Glover) plotting revenge for the attack against him in Season 1, while Shadow (Ricky Whittle) joins Mr. Wednesday's (Ian McShane) attempt to convince the Old Gods of the case for war, and Laura and Mad Sweeney (Emily Browning, Pablo Schreiber) tag along for the ride. A council at House on the Rock explodes, sending Old and New Gods on quests across the country that end in Cairo, Ill., thus forcing Shadow to establish his place as a believer in a dark new world of living gods, where change demands commitment and faith requires sacrifice.

"He's been awoken into a world, but just because he now believes, it doesn't mean he understands," explains Whittle to a recent gathering of journalists in Pasadena, Calif. "And he's a smart, intelligent man and he needs to understand his place in this (world). He wants to know the stakes. He wants to know the size, the players and where he fits in this puzzle. Now he knows that everything is real around him and he wants answers. He's going to be very much more proactive.

"You know, we've got a lot more layers

to add to Shadow this season and he's going to start searching for answers which is going to cause a lot of friction between Shadow and Mr. Wednesday, who is reluctant to give that information. Knowledge and information is power on this show and he doesn't want to give it. So, the two are going to be tense this season."

The new season will also bring aboard several new characters: New Media (Kahyun Kim, "Spa Night"), the goddess of global content and a master of manipulation; Sam Black Crow (Devery Jacobs, "Rhymes for Young Ghouls"), a two-spirited wanderer who lives life with an openness and a fierce confidence; Mama-Ji (Sakina Jaffrey, "Timeless"), a Hindu goddess of war and waitress at the Motel America; and Mr. Town (Dean Winters, "Rescue Me"), a believer in progress tasked by Mr. World to find out about Mr. Wednesday's plan.

As for Wednesday, McShane relishes playing this capricious character he calls a "distant cousin of Al (Swearengen, his role on "Deadwood")," who figures to be a major factor this season.

"Wednesday's stirred (the Old Gods) up again but do they want to go to war?" McShane says. "There's a sly humor that goes throughout the series, I think, about how serious is he about this war. But he's serious, as you'll find out as we go on."

DAYTIME WEEKDAYS

AFTERNOON

- 2:00 **2** The Talk
4 Steve
5 Dish Nation
7 Who Wants to Be a Millionaire
8 Arthur
9 Caught in Providence
11 DailyMailTV
13 Pinkalicious & Peterrific
21 Yoshiaki - Live at Carnegie Hall (Mon) Nature (Tue) NOVA (Wed) Balancing the Scales (Thu) Antiques Roadshow (Fri)
[AMC] Movie (Mon) "Die Hard With a Vengeance"
[BRAVO] Project Runway (Tue-Thu)
[CNBC] Power Lunch
[CNN] CNN Newsroom With Brooke Baldwin
[DISN] DuckTales
[FOOD] Kids Baking Championship (Mon) Chopped Junior (Tue) Family Food Showdown (Wed) Beat Bobby Flay (Thu) Diners, Drive-Ins and Dives (Fri)
[HBO] Movie (Thu) "Self/less"
[MSNBC] MSNBC Live With Katy Tur
[NICK] PAW Patrol
[TBS] American Dad (Mon) Friends (Tue-Fri)
[TCM] Movie (Mon) "The Three Musketeers" (Tue) "The Maltese Falcon" (Thu) "Broadway Hostess"
[TNT] Supernatural (Mon-Wed) Bones (Thu-Fri)
[USA] NCIS (Mon, Thu) Law & Order: Special Victims Unit (Tue, Fri) Chicago P.D. (Wed)
- 2:10 **[HBO]** Movie (Wed) "Knight and Day"
- 2:30 **5** Caught in Providence
7 RightThisMinute
8 Wild Kratts
9 Divorce Court
11 DailyMailTV
13 Let's Go Luna!
[AMC] Movie (Tue) "Live Free or Die Hard" (Wed) "Eraser"
[DISN] Big City Greens

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- [DISN]** Bizaardvark
[FOOD] Beat Bobby Flay (Thu) Diners, Drive-Ins and Dives (Fri)
[NICK] SpongeBob SquarePants
[TBS] Bob's Burgers (Mon) Friends (Tue-Fri)
- 4:00 **2** Judge Judy
4 News 4 NY at 4
5 TMZ Live
7 Eyewitness News First at 4
8 Cyberchase
9 The Wendy Williams Show
11 The Steve Wilkos Show
13 Odd Squad
21 Amanpour and Company
[BRAVO] Summer House (Mon) Mexican Dynasties (Tue) The Real Housewives of New York City (Wed) Project Runway (Thu) Don't Be Tardy ... (Fri)
[CNN] The Lead With Jake Tapper
[DISN] Bizaardvark
[FOOD] Kids Baking Championship (Mon) Chopped (Tue) Guy's Grocery Games (Wed) Beat Bobby Flay (Thu) Diners, Drive-Ins and Dives (Fri)
[HBO] Movie (Wed) "The Grudge" (Thu) "The Wicker Man" (Fri) "The Devil Wears Prada"
[MSNBC] Deadline: White House
[NICK] SpongeBob SquarePants
[SNY] Amazin' Finishes (Fri)
[TBS] Bob's Burgers (Mon) American Dad (Tue-Fri)
[TCM] Movie (Mon) "The Hunchback of Notre Dame" (Tue) "Mystery House" (Wed) "Adventures of Don Juan"
[TNT] Bones (Thu-Fri)
[USA] NCIS (Mon, Thu) Law & Order: Special Victims Unit (Tue-Wed, Fri)
- 4:30 **2** Judge Judy
4 News 4 NY at 4:30
5 Odd Squad
13 Cyberchase
[BRAVO] Don't Be Tardy ... (Fri)
[DISN] Big City Greens
[FOOD] Beat Bobby Flay (Thu) Diners, Drive-Ins and Dives (Fri)
[HBO] Movie (Tue) "Entrapment"
[NICK] SpongeBob SquarePants

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- [FOOD]** Beat Bobby Flay (Thu) Diners, Drive-Ins and Dives (Fri)
[NICK] PAW Patrol
[TBS] American Dad (Mon) Friends (Tue-Fri)
[TCM] Movie (Fri) "Virginia City"
 2:45 **[HBO]** Movie (Tue) "Mickey Blue Eyes"
- 3:00 **2** Dr. Phil
4 The Ellen DeGeneres Show
5 The People's Court
7 General Hospital
8 Wild Kratts
9 Caught in Providence
11 Jerry Springer
13 Nature Cat
21 Doc Martin (Mon) The Blechley Circle: San Francisco (Tue) The Doctor Blake Mysteries (Wed) Penelope Keith's Hidden Villages (Thu) To the Manor Born (Fri)
[BRAVO] The Real Housewives of New York City (Mon, Wed) Mexican Dynasties (Tue) Project Runway (Thu) Don't Be Tardy ... (Fri)
[CNBC] Closing Bell
[CNN] CNN Newsroom With Brooke Baldwin
[DISN] Big City Greens
[FOOD] Kids Baking Championship (Mon) Chopped (Tue) Guy's Grocery Games (Wed) Beat Bobby Flay (Thu) Diners, Drive-Ins and Dives (Fri)
[HBO] Movie (Mon) "Couples Retreat"
[MSNBC] MSNBC Live with Ali Velshi
[NICK] Alvin!!! and the Chipmunks (Mon-Tue) SpongeBob SquarePants (Wed-Fri)
[TBS] Bob's Burgers (Mon) Friends (Tue-Fri)
[TNT] Movie (Mon) "G.I. Joe: Retaliation"
[TNT] Bones (Thu-Fri)
[USA] NCIS (Mon, Thu) Law & Order: Special Victims Unit (Tue-Wed, Fri)
- 3:15 **[TCM]** Movie (Thu) "The Florodora Girl"
- 3:30 **8** Ready Jet Go!
9 Divorce Court
13 Wild Kratts
21 Upstart Crow (Fri)
[AMC] Movie (Thu) "The Godfather, Part II" (Fri) "Fast Times at Ridgemont High"
[BRAVO] Don't Be Tardy ... (Fri)

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DAYTIME Cont'd.

- [SNY] Amazin' Finishes (Fri)
 [TBS] Bob's Burgers (Mon) American Dad (Tue-Fri)
 4:45 [TCM] Movie (Thu) "Dancing Lady" (Fri) "In Name Only"
 5:00 [2] CBS 2 News at 5PM
 [4] News 4 NY at 5
 [5] Fox 5 News at 5
 [7] Eyewitness News at 5
 [8] Nature Cat
 [9] The Real
 [11] PIX11 News at 5
 [13] BBC World News America
 [2] MetroFocus
 [AMC] Movie (Mon) "The Fugitive" (Wed) "National Treasure"
 [BRAVO] Vanderpump Rules (Mon) The Real Housewives of Beverly Hills (Tue) The Real Housewives of New York City (Wed) Project Runway (Thu) Don't Be Tardy ... (Fri)
 [CNBC] Fast Money
 [CNN] The Situation Room With Wolf Blitzer
 [DISN] Raven's Home
 [FOOD] Kids Baking Championship (Mon) Chopped (Tue) Guy's Grocery Games (Wed) Beat Bobby Flay (Thu) Diners, Drive-Ins and Dives (Fri)
 [HBO] Movie (Mon) "Wonder Woman"
 [MSNBC] MTP Daily
 [NICK] The Loud House
 [TBS] Bob's Burgers (Mon) American Dad (Tue-Fri)
 [TCM] Movie (Tue) "The Patient in Room 18"
 [TNT] Bones (Thu-Fri)
 [USA] NCIS (Mon, Thu) Law & Order: Special Victims Unit (Tue-Wed, Fri)
 5:15 [TNT] Movie (Mon) "The Bourne Legacy"
 5:30 [4] News 4 NY at 5:30
 [8] MetroFocus
 [13] NJTV News With Mary Alice Williams
 [2] Start Up (Mon) NYC Arts (Tue) SciTech Now (Wed) WLIV Arts Beat (Thu) Long Island Business Report (Fri)

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DAYTIME Cont'd.

- [AMC] Movie (Tue) "I, Robot" (Fri) "Major League"
 [BRAVO] Don't Be Tardy ... (Fri)
 [CNBC] Options Action (Fri)
 [DISN] Raven's Home
 [FOOD] Beat Bobby Flay (Thu) Diners, Drive-Ins and Dives (Fri)
 [NICK] The Loud House
 [TBS] Family Guy (Mon) American Dad (Tue-Fri)
 5:40 [HBO] Movie (Wed) "O.G."
 5:45 [HBO] Movie (Thu) "Skyscraper"
 5:53 [HBO] The Aftermath: HBO First Look (Fri)

SATURDAY 3/9/19 EVENING

- 7:30 [4] 1st Look [8]
 [7] Wheel of Fortune [8]
 [8] State of the Arts [8]
 [11] The Jeffersons
 [21] Firing Line With Margaret Hoover [8]
 [DISN] Raven's Home [8]
 [FOOD] Diners, Drive-Ins and Dives [8]
 [NICK] The Loud House [8]
 [TBS] The Big Bang Theory [8] (DVS)
 8:00 [2] Ransom [8]
 [4] Dateline NBC [8]
 [8] All Gardens Great and Small [8]
 [9] Family Feud [8]
 [11] All in the Family
 [13] Jamestown
 [21] Midsomer Murders [8]
 [AMC] Movie "Happy Gilmore"
 [BRAVO] Movie "Friday"
 [CNBC] American Greed [8]
 [CNN] CNN Newsroom With Ana Cabrera
 [DISN] Movie "The Good Dinosaur"
 [FOOD] Diners, Drive-Ins and Dives [8]
 [HBO] Movie "Jurassic World: Fallen Kingdom"
 [MSNBC] All In With Chris Hayes [8]
 [NICK] Henry Danger [8]

- [TBS] The Big Bang Theory [8] (DVS)
 [TCM] Movie "McQ"
 [TNT] Movie "Batman v Superman: Dawn of Justice"
 8:30 [9] Family Feud [8]
 [11] All in the Family
 [FOOD] Diners, Drive-Ins and Dives [8]
 [NICK] Cousins for Life [8]
 [TBS] The Big Bang Theory [8] (DVS)
 [USA] Movie "Speed"
 8:40 [21] Midsomer Murders [8]
 9:00 [4] 48 Hours [8]
 [2] Dateline NBC [8]
 [8] Keeping Up Appearances [8]
 [9] Family Feud [8]
 [11] The Honeymooners
 [13] Movie "Jane Eyre"
 [CNBC] American Greed [8]
 [CNN] The Bush Years: Family, Duty, Power [8]
 [FOOD] Diners, Drive-Ins and Dives [8]
 [MSNBC] The Rachel Maddow Show [8]
 [NICK] Knight Squad [8]
- [TBS] The Big Bang Theory [8] (DVS)
 [8] Detectorists [8]
 [9] Family Feud [8]
 [11] The Honeymooners
 [FOOD] Diners, Drive-Ins and Dives [8]
 [NICK] SpongeBob SquarePants [8]
 [TBS] The Big Bang Theory [8] (DVS)
 9:35 [21] Whitechapel [8]
 9:40 [DISN] Coop & Cami Ask the World [8]
 10:00 [2] 48 Hours [8]
 [4] Saturday Night Live [8]
 [5] Fox 5 News at 10 [8]
 [8] The Tunnel [8]
 [9] Dateline [8]
 [11] PIX11 News at Ten [8]
 [BRAVO] Movie "Friday"
 [CNBC] American Greed [8]
 [CNN] The Bush Years: Family, Duty, Power [8]
 [FOOD] Diners, Drive-Ins and Dives [8]
 [MSNBC] The Last Word With Lawrence O'Donnell [8]

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TUESDAY Cont'd,

- 21 The Doctor Blake Mysteries
- [AMC] Movie "National Treasure"
- [BRAVO] The Real Housewives of Beverly Hills
- [CNBC] Shark Tank
- [CNN] Anderson Cooper 360
- [DISN] Sydney to the Max
- [FOOD] Chopped
- [HBO] Movie "Breaking In"
- [MSNBC] All In With Chris Hayes
- [NICK] SpongeBob SquarePants
- [TBS] The Big Bang Theory (DVS)
- [TCM] Movie "A Star Is Born"
- 8:30 [DISN] Coop & Cami Ask the World
- [NICK] SpongeBob SquarePants
- [TBS] The Big Bang Theory (DVS)
- 9:00 2 FBI
- 4 This Is Us
- 8 Jamestown
- 9 Chicago P.D.
- 11 Roswell, New Mexico
- 13 Ireland's Wild Coast
- 21 The Bletchley Circle: San Francisco
- [BRAVO] The Real Housewives of Beverly Hills
- [CNBC] Shark Tank (DVS)
- [CNN] Cuomo Prime Time
- [DISN] Raven's Home
- [FOOD] Chopped
- [MSNBC] The Rachel Maddow Show
- [NICK] SpongeBob SquarePants
- [TBS] The Big Bang Theory (DVS)
- 9:30 [DISN] Raven's Home
- [HBO] The Case Against Adnan Syed
- [NICK] SpongeBob SquarePants
- [TBS] The Big Bang Theory (DVS)
- 10:00 2 NCIS: New Orleans (DVS)
- 5 Fox 5 News at 10
- 7 Videos After Dark
- 8 Call the Midwife
- 9 Family Feud
- 11 PIX11 News at Ten
- 13 Ireland's Wild Coast
- 21 EastEnders

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by Karen M. Tylutki

Yi Sushi Go - a fabulous new sushi shop opened ten months ago at 266 Broadway between 11th and 12th streets in Bayonne, NJ. It provides its customers with ample parking and easy access to a delightfully decorated and sparkling clean establishment! Fresh sushi is displayed for you in an impressive quantity and quality in an immaculate display case. The fish, seafood and vegetables that comprise these offerings will make your mouth water! You can purchase right from the display case or place your order and sample their tea of the day while you wait. The customer will be pleasantly surprised to see a unique feature as they enter and browse: an open kitchen, where you have a view of the chefs preparing your foods. Brown rice tea was available when this writer came by for a visit. There are three tables available for customers to sit and relax with a view of Broadway.

The business is named for its owner and head chef, Yi (Yi is a nickname). The manager of the store is his efficient and confident wife, Zara Wang, who holds a B.A. degree in International Business. This couple is living the "American Dream" raising two charming daughters and realizing the materialization of their passion to serve. They are devoted to working diligently toward improving their business and providing their customers with the very best in quality food. The story of Yi is quite impressive. Many residents know the head chef from his service of the Sushi Bar at ShopRite in midtown Bayonne. He was originally asked by the owner to open a small sushi bar and agreed to the idea. The sushi bar opened in November 2009. It started with two workers and was so well received that is soon expanded to five workers. Zara talks about her husband with great respect as she tells his story and shares his ideas and goals. Yi worked for ShopRite for many years and before that, he worked for eighteen (18) years in some of the finest restaurants in Las Vegas, Nevada and on the upper east side of Manhattan. He had a dream that one day he would open his own sushi business and make a fine sushi product available and affordable to the average person and working people whose budgets were not as extravagant as wealthy people. He sincerely wants to offer all his customers

cuisine what will meet all their needs.

Are you a Vegan? Are you Diabetic? Are you dieting? Do you have special needs? Tell Yi Sushi Go and they will accommodate you. Were you under the impression that all sushi is raw fish? Well, ladies and gents, that is a false impres-



Shown in Photo
Chef/Owner Yi

sion! At Yi Sushi Go you can get smoked salmon and cooked eel and California roll, cooked chicken, cooked salmon and Shrimp Tempura. There are several vegetable rolls! For those with a sweet tooth, there are Mango rolls. Looking for an ample serving size? Look no further! See 8 large slices of roll in lovely packaging for a modest price. Individually boxed rolls are prepared and garnished with ginger and wasabi and the soy sauce hasn't any artificial additives. The rolls are packaged individually and sealed in quality containers to keep them fresh and the flavors of each roll pristine. Take away menus will delight the diet conscious with the calorie count for each 8 piece order. There is a limited time offer of 10% discount on your first online order. Appetizers, soups, special rolls and salads are featured in a generous menu as well as hot dishes from the kitchen. Pictures of party trays are included with prices. There is a \$12.00 minimum for deliveries. Delivery orders: Bayonne area. A 24 hour notice is appreciated for preparing a large event party. Lastly, have you ever asked why delivery orders never included some kind of dessert you

could order? Your prayers and wishes have been answered at Yi Sushi Go!!! Bottled health drinks, fruit drinks, Fiji water, ginger beverages are available! Mochi sherbets, ice cream and bon-bons, packaged teas, white coffee and organic beverages and other assorted beverages

as well as Taiwan blueberry cakes and more can finish off your home/catered dining experience with panache! P.S. "I sampled the California roll and it is light and tasty. It delivers a divinely refined texture to your palette and leaves a velvety enriched smile of satisfaction on your entire face!

If you are searching for an eatery that provides 100% healthy, fresh, bacteria-free, Omega 3 rich, traditional Japanese quality sushi - look no further - it is right in Bayonne at 266 Broadway or call: 201-823-2011 or 823-2122. Hours: Mon.-Thurs.: 11:00 am-10:00 pm, Fri. & Sat. 11:00 am - 10:30 pm. Closed Sunday. Online at www.yisuhigo.com Facebook, App Store, Google Play, Rated 5 starts on the internet.



TUESDAY Cont'd.

- [BRAVO] Mexican Dynasties
- [CNBC] The Profit
- [CNN] CNN Tonight With Don Lemon
- [DISN] Sydney to the Max
- [FOOD] Chopped
- [MSNBC] The Last Word With Lawrence O'Donnell
- [NICK] The Office
- [TBS] The Big Bang Theory
- [TCM] Movie "Nothing Sacred"
- [USA] Temptation Island

WEDNESDAY

3/13/19

EVENING

- 7:30 [2] Entertainment Tonight
- [4] Access
- [5] Modern Family
- [7] Wheel of Fortune
- [8] NJTV News With Mary Alice Williams
- [9] The Big Bang Theory
- [11] blackish
- [21] Long Island Business Report
- [DISN] Raven's Home
- [HBO] VICE News Tonight
- [NICK] Henry Danger
- [TBS] Bob's Burgers
- 8:00 [2] Survivor
- [4] Chicago Med
- [5] Empire
- [7] The Goldbergs
- [8] Pasta and Politics with Nick Acocella
- [9] Dateline
- [11] Riverdale
- [13] Nature
- [21] Antiques Roadshow
- [AMC] Movie "The Godfather, Part II"
- [BRAVO] The Real Housewives of New York City
- [CNBC] Deal or No Deal

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- [CNN] Anderson Cooper 360
- [DISN] Sydney to the Max
- [FOOD] Guy's Grocery Games
- [HBO] Movie "Jurassic World: Fallen Kingdom"
- [MSNBC] All In With Chris Hayes
- [NICK] SpongeBob SquarePants
- [TBS] The Big Bang Theory
- [TCM] Movie "The Bitter Tea of General Yen"
- [USA] Law & Order: Special Victims Unit
- 8:30 [7] Schooled
- [8] Drive by History
- [DISN] Coop & Cami Ask the World
- [NICK] SpongeBob SquarePants
- [TBS] The Big Bang Theory
- 9:00 [2] The World's Best
- [4] Chicago Fire
- [5] Star
- [7] Modern Family
- [8] Victoria on Masterpiece
- [9] Dateline
- [11] All American
- [13] Cancer: The Emperor of All Maladies
- [21] American Masters
- [BRAVO] The Real Housewives of New York City
- [CNBC] Deal or No Deal
- [CNN] Cuomo Prime Time
- [DISN] Raven's Home
- [FOOD] Guy's Grocery Games
- [MSNBC] The Rachel Maddow Show
- [NICK] SpongeBob SquarePants
- [TBS] The Big Bang Theory
- [USA] Law & Order: Special Victims Unit
- 9:30 [DISN] Raven's Home
- [NICK] SpongeBob SquarePants
- [TBS] The Big Bang Theory
- 9:31 [7] Single Parents
- 9:45 [TCM] Movie "Hawaii"
- 10:00 [2] SEAL Team
- [4] Chicago P.D.
- [5] Fox 5 News at 10
- [7] Whiskey Cavalier
- [9] Family Feud
- [11] PIX11 News at Ten
- [21] 1916 The Irish Rebellion
- [BRAVO] Get a Room With Carson & Thom
- [CNBC] Deal or No Deal
- [CNN] CNN Tonight With Don Lemon
- [DISN] Sydney to the Max
- [FOOD] Family Food Showdown
- [MSNBC] The Last Word With Lawrence O'Donnell
- [NICK] The Office
- [TBS] The Big Bang Theory
- [TNT] Drop the Mic
- [USA] Law & Order: Special Victims Unit

THURSDAY

3/14/19

EVENING

- 7:30 [2] Entertainment Tonight
- [4] Access
- [5] Modern Family
- [7] Wheel of Fortune
- [8] NJTV News With Mary Alice Williams

- [9] The Big Bang Theory
- [11] blackish
- [21] WLIW Arts Beat
- [DISN] Raven's Home
- [HBO] VICE News Tonight
- [NICK] Henry Danger
- [TBS] Seinfeld
- 8:00 [2] The Big Bang Theory
- [4] Superstore
- [5] iHeartRadio Music Awards
- [7] Grey's Anatomy
- [8] Finding Your Roots With Henry Louis Gates, Jr.
- [9] The Good Wife
- [11] Supernatural
- [13] NYC Arts
- [21] Treasures of New York
- [AMC] Movie "Major League"
- [BRAVO] Project Runway
- [CNBC] Shark Tank
- [CNN] Anderson Cooper 360

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SOAP UPDATES

By Dana Block

THE BOLD AND THE BEAUTIFUL Will put his parents on the hot seat by asking them a pointed question about their past. Wyatt and Sally told Eric that they were switching from Forrester Creations to Spencer Publications. Hope held Phoebe as if she were Beth. Zoe confronted Flo, who was now working as a bartender at the Bikini Bar. Flo admitted that she still was emotional over Reese involving her in switching the babies, and so she decided to stay in L.A. Liam convinced Hope that staying together and working through their grief was the right move. Bill made a last-minute change to the Spectra deal. Katie and Hope had a candid conversation only a few feet away from where Flo was tending bar. **Wait to See:** Xander and Zoe share a romantic moment.

DAYS OF OUR LIVES Haley blasted JJ for his betrayal. Jennifer ripped into Eve and Jack for using Haley as a political pawn. Gabi turned to Brady for help. As Stefan protected Chloe from El Fideo's men, they inched closer. Marlena was shocked when John came to Leo's defense. Diana brokered an alliance with Victor. Sarah had a steamy dream about Eric. Meanwhile, Eric talked to Marlena about his feelings for Sarah. Rex puts Eric in an awkward position. Chloe interrupts a heated moment between Gabi and Stefan. Jack and Eve took advantage of Melinda's scandal. Sarah had a surprising reaction to Rex's proposal. Victor dropped



Linsey Godfrey stars as "Sarah" on "Days of Our Lives"

a bomb on Marlena. **Wait to See:** Tripp finds something unexpected in Claire's jewelry box. **GENERAL HOSPITAL** Curtis held vigil. Finn did his best to try to explain. Carly confided something important to Jason. Valentin met with Sasha. Peter accepted a surprising invitation. Lulu prepared to face Franco. Drew was sent a secret message. Ava wanted to share her big news. Jason avoided getting busted. Alexis had a therapy session. Ryan was furious. Liz was very concerned for Drew. Cameron was angry and confused. Max and Felicia had a new theory. Anna confronted Peter. Jason shared what he secretly knew. Nina kept Curtis company. Ava turned to Julian for advice. Curtis retrieved an important voicemail. **Wait to See:** Lulu reconciles her memories.

THE YOUNG AND THE RESTLESS An angry Summer confronted Kyle over Rey's interrogation, but Kyle insisted that he only defended her to the police. Summer then told Kyle she loved him and would support him through this difficult time. Phyllis tried to return her life to normal, but the case followed her to Jabot, where Billy publicly confronted her for rolling on Victoria. Phyllis defended herself to Billy and assured her other employees that her participation in the trial wouldn't have a negative impact on the company. Kerry offered to help Jack deal with the stress of the trial, which in turn made Jack realize they'd reached a turning point in their relationship. Arturo kept Kyle from visiting Lola. **Wait to See:** Michael asks Mariah point blank who really found the video.

TASTY TV

By George Dickie

CLEO TV's 'New Soul Kitchen' shows how to make quick, easy, healthy dishes

Those who like their cooking instruction in small bites – pardon the pun – might want to check out a short-form culinary show debuting this week on CLEO TV.

In "New Soul Kitchen," premiering Saturday, March 16, chefs Jernard Wells ("Food Network Star") and Porsche Thomas ("Hungry") are the hosts of 10-minute episodes that follow each as they prepare an easy-to-make recipe. All revolve around a common theme but are approached from different angles, as Wells specializes in Southern cuisine and Thomas leans vegan. So for example in an episode with the theme "Between Two Buns," Wells prepares a smoked gouda cheeseburger while Thomas whips up a vegan sloppy joe. And each is done in a five-minute segment filmed in real time with no breaks or time lapses.

"There's not a lot of room for error," Wells acknowledges. "And the thing is, you have to be on point. But cooking in real time is really how we want to show (the food prep) because that's how if you're at home cooking in the comfort of your home, you're cooking in real time. And we want to teach people that cooking is not a bad thing because some people are like, 'Cooking? Oh, I gotta go in the kitchen and slave over the stove.' It can actually be fun and you can do it in a fraction of the time."



Chef Jernard Wells

Among the dishes on the "Kitchen" menu are Wells' hot water cornbread, smoked turkey collard greens and a smoked four-cheese mac, while Thomas' creations tend toward things like a vegan lasagna, a scrambled tofu breakfast burrito and a blueberry cheesecake made with cashews.

Despite what appear to be waist-expanding foods – especially Wells' meals – both chefs found ways to reduce calories from their dishes through simple measures such as baking a fried chicken to reduce fat content.

"It's the braising method," Wells explains. "You fry the chicken just long enough to get the crust the way you want it and you finish it off in the oven to extract the remaining grease out of it. ... Because what ovens do is they extract, they dehydrate. So if you fry some fish or fry some chicken, you put it in the oven afterwards on an oven rack, at least 40 percent of the grease will drain back out of it."

Both chefs believe there is a lot of emotion associated with cooking and Wells maintains that Southern cuisine to him is "cooking with love." Both endeavor to bring that to the show and their dishes.

"For me, I had so much emotional association with food and so I only make the foods I've always loved growing up," Thomas says. "And I just found ways and played with recipes to nd ways to make that same dish but like vegan. So it's definitely that same idea of putting your history into it and just creating that thing that sparked that same thing in you that it always did growing up."

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THURSDAY Cont'd.

- [DISN] Sydney to the Max
- [FOOD] Chopped
- [HBO] Movie "Date Night"
- [MSNBC] All In With Chris Hayes
- [NICK] SpongeBob SquarePants
- [TBS] Seinfeld
- [TCM] Movie "Ace in the Hole"
- 8:30 **4** A.P. Bio
- 13** MetroFocus
- [DISN] Coop & Cami Ask the World
- [NICK] SpongeBob SquarePants
- [TBS] Seinfeld
- 8:31 **2** Fam
- 9:00 **4** Brooklyn Nine-Nine
- 8** Justice Ruth Bader Ginsburg in Conversation
- 9** The Good Wife
- 11** Legacies
- 13** Great Performances
- 21** Ireland's Wild Coast
- [CNBC] Shark Tank
- [CNN] Cuomo Prime Time
- [DISN] Raven's Home
- [FOOD] Chopped
- [MSNBC] The Rachel Maddow Show
- [NICK] Movie
- [TBS] The Big Bang Theory
- 9:01 **2** Young Sheldon
- 7** Station 19
- 9:30 **2** Fam
- 4** Will & Grace
- [BRAVO] Top Chef
- [DISN] Raven's Home
- [HBO] The Aftermath: HBO First Look
- [TBS] The Big Bang Theory
- 9:45 [HBO] Movie "Tag"
- 9:55 [USA] Movie "Harry Potter and the Prisoner of Azkaban"
- 10:00 **2** S.W.A.T.
- 4** Law & Order: Special Victims Unit
- 5** Fox 5 News at 10
- 7** For the People
- 8** SciTech Now
- 9** Family Feud

- 11** PIX11 News at Ten
- 21** Ireland's Wild Coast
- [CNBC] Shark Tank
- [CNN] CNN Tonight With Don Lemon
- [DISN] Sydney to the Max
- [FOOD] Beat Bobby Flay

FRIDAY 3/8/19 EVENING

- 7:30 **2** Entertainment Tonight
- 4** Access
- 5** Modern Family
- 7** Wheel of Fortune
- 8** NJTV News With Mary Alice Williams
- 9** The Big Bang Theory
- 11** blackish
- 21** Consuelo Mack WealthTrack
- [BRAVO] Don't Be Tardy ...
- [DISN] Raven's Home
- [FOOD] Dinners, Drive-Ins and Dives
- [HBO] VICE News Tonight
- [NICK] The Dude Perfect Show
- [TBS] Bob's Burgers
- [USA] Modern Family
- 8:00 **2** MacGyver
- 4** Blindspot
- 5** Last Man Standing
- 7** Fresh Off the Boat
- 8** The Doctor Blake Mysteries
- 9** CSI: Miami
- 11** Dynasty
- 13** Washington Week
- 21** Penelope Keith's Hidden Villages
- [AMC] Movie "Revenge of the Nerds"
- [BRAVO] Don't Be Tardy ...
- [CNBC] Shark Tank
- [CNN] Anderson Cooper 360
- [DISN] Sydney to the Max
- [FOOD] Dinners, Drive-Ins and Dives
- [HBO] Movie "Cop Out"
- [MSNBC] All In With Chris Hayes
- [NICK] Henry Danger
- [TBS] Bob's Burgers
- [TCM] Movie "Young Frankenstein"
- [TNT] Movie "Doctor Strange"
- [USA] Modern Family
- 8:30 **5** The Cool Kids
- 7** Speechless
- 13** Firing Line With Margaret Hoover
- [BRAVO] Don't Be Tardy ...
- [DISN] Sydney to the Max
- [FOOD] Dinners, Drive-Ins and Dives
- [NICK] Cousins for Life
- [TBS] Bob's Burgers
- [USA] Modern Family
- 9:00 **2** Hawaii Five-0
- 4** The Blacklist
- 5** Proven Innocent
- 7** 20/20
- 8** Midsomer Murders
- 9** CSI: Miami
- 11** Crazy Ex-Girlfriend
- 13** Great Performances at the Met
- 21** To the Manor Born
- [BRAVO] Don't Be Tardy ...
- [CNBC] Shark Tank
- [CNN] Cuomo Prime Time
- [DISN] Fast Layne
- [FOOD] Dinners, Drive-Ins and Dives
- [MSNBC] The Rachel Maddow Show
- [NICK] SpongeBob SquarePants
- [SNY] Broadway Boxing
- [TBS] Movie "Central Intelligence"
- [USA] Modern Family
- 9:30 **21** Upstart Crow
- [BRAVO] Don't Be Tardy ...
- [DISN] Coop & Cami Ask the World
- [FOOD] Dinners, Drive-Ins and Dives
- [NICK] SpongeBob SquarePants
- [USA] Modern Family
- 9:46 **8** Midsomer Murders
- 2** Blue Bloods
- 4** Dateline NBC
- 5** Fox 5 News at 10
- 9** Family Feud
- 11** PIX11 News at Ten
- 21** 800 Words

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