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TV

DOUBLE ISSUE

May 17 - May 30, 2025

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PEVERI PUBLISHING, INC. BAYONNE, JERSEY CITY, N.J. & NEW YORK, NY

> Mailing Address: P.O. Box 746, Bayonne, N.J. 07002

917-232-5501

Founder, President & Publisher Carole Peveri

Member of New York Press Club

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Moments in time

THE HISTORY CHANNEL

- On May 19, 1536, Anne Boleyn, the unfortunate second wife of England's King Henry VIII, was beheaded at the Tower of London on charges including adultery, incest and conspiracy against the king, after just three years of marriage.
- On May 20, 1992, in an attempt to end the blight of graffiti vandalism, the Chicago City Council passed an ordinance banning the retail sale of spray paint and large markers within city limits, describing them as "weapons of terror."
- On May 21, 1758, 10-year-old Mary Campbell was abducted from her home in Cumberland County, Pennsylvania, by members of the Lenape tribe and ended up becoming an icon of the French and Indian War. At age 16, she was returned to a European settlement in the captive release orchestrated by Colonel Henry Bouquet at the conclusion of Pontiac's War.
- On May 22, 1802, Martha Dandridge Custis Washington, widow of

President George Washington, died of a "severe fever" at her Mount Vernon home at the age of 70. Though she was a devoted wife, she did not entirely enjoy her role as "Lady Washington" and once confessed that she felt "more like a state prisoner than anything else."

- On May 23, 1979, rocker Tom Petty declared bankruptcy in an effort to free himself from his contract with Shelter Records.
- On May 24, 1964, a referee's call in the last minutes of a close soccer match between Peru and Argentina at the National Stadium in Lima, Peru, sparked a riot that resulted in the deaths of more than 300 fans. Another 500 people were injured.
- On May 25, 2020, George Floyd was killed by Derek Chauvin, a white Minneapolis policeman who knelt on his neck for nearly 10 minutes. Floyd's death was recorded by bystanders and incited nationwide protests resulting in the imposition of curfews in more than 200 American cities and the activation of the National Guard throughout half the country. Chauvin was arrested on multiple charges and eventually sentenced to more than two decades in prison.

POP ROCK & SOULATION OF TRIVIA BY RIPER TO TRIVIA B

- 1. Name the song in which the alarmed husband calls out to his wife, "Don't look, Ethel!"
- 2. Who wrote and released "Spinning Wheel"?
- 3. Which two artists released "Ebony and Ivory"?
- 4. Name the theme song for "American Gigolo."
- 5. Name the song that contains this lyric: "The road is long with many a winding turn, That leads us to who knows where, who knows when."

weeks.

5. "He Ain't Heavy, He's My Brother," originally by Kelly Gordon, in 1969. But it was the Hollies that made the song a hit. The song has been covered by numerous others, including Bill Medley and Veil Diamond.

other artist.
4. "Call Me," by Blondie in 1980. The song topped the Hot 100 chart for six

Arrangement.
3. Stevie Wonder and Paul McCartney, in 1982. Penned by McCartney, it was his first time singing a duet with an-

topic that year.

2. David Clayton-Thomas of Blood, Sweat & Tears in 1969. The song won a Grammy for Best Instrumental

I. "The Streak," by Ray Stevens, in 1974. Astonishingly, this song about a streaker climbed international charts, including the U.S., the U.K., Australia, Ireland and Canada. "The Streak" was one of dozens of songs on the same

Answers

917-232-5501

HOROSCOPES ARIES - Mar 21/Apr 20 Aries, your tendency this week is to escape into your mind and imagination. While that's fine for a little while, pretty soon you have to come back down to earth

TAURUS - Apr 21/May 21 Taurus, people are pulling you in all sorts of directions this week. They each want you to share in their good times, but there's only so much of you that can go around.

GEMINI - May 22/Jun 21 Gemini, even though you generally like to keep your feet on the ground, this week you are looking to be a little adventurous. Let someone entice you into a whimsical journey.

CANCER - Jun 22/Jul 22 Cancer, a desire to bring more calm into your life could have you seeking out a vacation or just a respite from daily life. Take the time to unwind and you'll come back recharged.

LEO - Jul 23/Aug 23 Leo, this week may prove to be a little intense, but you'll muster the energy and strength to push on through. Balancing fun and some work-related responsibilities is key.

vand some work-related responsibilities is key.

VIRGO - Aug 24/Sept 22 Practicality seems to disappear when you have your mind on enjoyable activities, Virgo. Find a way to be both fun and practical and you will be set.

LIBRA - Sept 23/Oct 23 Well-laid plans are the cornerstone of a successful week, Libra. Everything will go smoothly, but most days should pass without a hitch. Enjoy the brief respite.

SCORPIO - Oct 24/Nov 22 Scorpio, expect a lot of action this week. There's

no slowing down as you check off each item on your to-do list. Others may have difficulty keeping up with you.

SAGITTARIUS-Nov 23/Dec 21 Sagittarius, live creative fantasies this week because you might not have another chance to indulge for a while. This is the break you have been seeking for some time.

CAPRICORN-Dec 22/Jan 20 Honesty is always the best policy, Capricorn. This will become obvious when a past untruth you shared comes back to haunt you. Confess now to save face.

AQUARIUS - Jan 21/Feb 18 You have the physical stamina to accomplish many things, Aquarius. This week is bound to be one with a lot of progress. Make a list now of what you want to accomplish.

PISCES - Feb 19/Mar 20 Pisces, be patient with the people around you. You may be fast to grasp a concept, but it could take others a little while longer.

FAMOUS BIRTHDAYS

MAY 17 Derek Hough, Dancer (40)
MAY 18 Jack Johnson, Singer (50)
MAY 19 Eleanor Tomlinson, Actress (33)
MAY 20 Cher, Singer (79)
MAY 21 Mr. T, Actor (73)
MAY 22 Ginnifer Goodwin, Actress (47)
MAY 23 Jewel, Singer (51)



HOROSCOPES ARIES - Mar 21/Apr 20 Aries, expect to be very busy in the days ahead. Make a concerted effort to be more aware of what's around you so that you don't miss a thing.

TAURUS - Apr 21/May 21 Taurus, financial questions keep popping up and you just keep pushing them aside for later. If need be, work with a professional to establish your goals.

GEMINI - May 22/Jun 21 Do something out of your comfort zone this week, Gemini. When you do so, you may find out you have a wider array of interests than you first believed.

CANCER - Jun 22/Jul 22 Cancer, just when you think you've figured out how to play the game, they go and change all of the rules on you. Adaptability is one of your biggest strengths.

LEO - Jul 23/Aug 23 It's time to make your love life a priority, Leo. If you're in a relationship, you may find it needs a little nurturing to get it back to the level it was a few months ago.

VIRGO - Aug 24/Sept 22 Virgo, if you come up against things you don't understand this week, ask people whose opinions you trust for their points of view. Educating yourself will help you move ahead.

LIBRA - Sept 23/Oct 23 Take some time out of your schedule for some much-needed pampering. Whether your idea of special treatment is a massage or simply sleeping in make it a priority

sage or simply sleeping in, make it a priority. SCORPIO - Oct 24/Nov 22 Delegation will be your favorite word of the week, Scorpio. When the going gets tough, start delegating the tasks that

have you stumped. This will ensure everyone stays productive.

SAGITTARIUS-Nov 23/Dec 21 Sagittarius, you may be called upon to lend your special skills to a situation this week. While it may not be a job you relish, you know ultimately it has to get done.

CAPRICORN-Dec 22/Jan 20 Capricorn, speak your mind because if you don't do it others are not going to advocate for your needs. That's why it's so important for you to fight for every cause, no matter how small.

AQUARIUS - Jan 21/Feb 18 Aquarius, work may be getting on your nerves, but you have to maintain a professional demeanor at all times. It can be challenging, but you will handle it.

PISCES - Feb 19/Mar 20 Pisces, a few days away from the daily grind will help you recharge your batteries. Turn off your phone and enjoy the well-deserved respite.

FAMOUS BIRTHDAYS

MAY 24 Bob Dylan, Singer (84)
MAY 25 Mike Myers, Comic Actor (62)
MAY 26 Helena Bonham Carter, Actress (59)
MAY 27 Chris Colfer, Actor (35)
MAY 28 Kylie Minogue, Singer (57)
MAY 29 Melanie Brown, Singer (50)
MAY 30 Idina Menzel, Actress (54)



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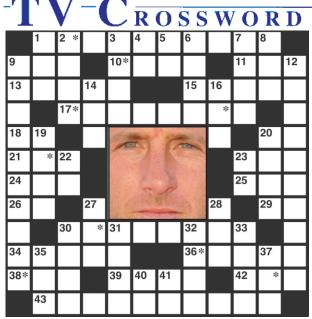
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The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

ACROSS

- 1. "Love
- alai
- 10. Mayberry resident 11. Use a spade
- **HGTV** series
- 13. Fitzgerald & others
- 15. Winnie-the-Pooh's creator
- 17. Reality series for singers (2)
- 18. "Santa __ Stampede"; John Wayne movie
- 20. Initials for First Lady Nancy

- 21. "Our Hearts Were Young and __"; 1944 Dorothy Gish film
- 23.Ryan or Tilly 24. "The Kids __ Alright"
- 25.Arden or Plumb
- 26.Initials for a Beatle
- 29. Suffix for absent or address 23. "__ and the Boys" 30.2019 series for Tim Meadows
- Male War Bride"; 28. Garland Cary Grant movie
- 36.Televised
- 38."__ Amsterdam"
- 39.Lomond or Ness
- 42. Suffix for lion or heir
- 43. Actor on "How to Get Away with Murder" (2)

DOWN

- 1. Suffix for part or tutor
- 2. 1979 Brooke Shields film
- 3. "The Golden Girls" role
- 4. Record album, for short
- 5. "Star Wars: Episode Attack of the Clones": 2002 film
- 6. "__-Pro"; 2008 Will Ferrell movie
- 7. Eric of Monty Python
- 8. "Cat on a Hot __ Roof"
- 9. Actor on "The Goldbergs"

- 12. Actor on "MacGyver" (2)
- 14. __ moment; instant of realization
- 16. Actor and rapper ___-T
- 19. Dumbo's "wings"
- 20. __ Campbell
- 22. You. in the Bible
- (1994-95)
- 27. Computers, for short
- 30. "I came, I conquered!"
- 31. Monty or Arsenio
- 32. Bert of "The Wizard of Oz"
- 33. Bob Barker's successor
- 35. Spider's creation
- 37. W's companions on a vane
- 40. Comment from Nanny Fine
- 41. Initials for the star of "Murphy Brown"

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Amber Waves

HEY OWEN, LOOK HERE!







THEY SWIM, EAT, SLEEP...HECK EVEN GO TO THE BATHROOM NEXT TO EACH OTHER.



by Dave T. Phipps



































THIS WEEK'S CATEGORY: Don't Know Much About History?

Did you sleep through history class in high school and now regret it? Do you wonder how the younger you could have found the subject so boring when you can't get enough of historical documentaries and biographies now? These five podcasts frequently top Apple Podcasts' history chart, so be sure to tune in and see what you missed as a daydreaming youth:

"The Rest Is History" — Explore the stories of history's most brutal rulers, deadliest battles, and life-altering events in this fascinating podcast hosted by Tom Holland (no, not the actor) and Dominic Sandbrook. Most episodes span over several parts so that you'll get the full scope — not some abbreviated synopsis

— of events you've heard of but know nothing about, like the French Revolution, the murder of Franz Ferdinand, and Hitler's war on Poland. The episodes are free, but if you become a member of The Rest Is History Club, you'll have access to exclusive bonus episodes, tickets to live shows, and the members' chat room on Discord. (TheRestIsHistory.SupportingCast.fm)

"Titanic: Ship of Dreams" — People can't get enough of the tragic sinking of the Titanic, and with this podcast, you'll feel like you're right on board "setting sail from Southampton, chugging across the Atlantic, striking the iceberg, and sinking into the icy depths." Host Paul McGann explores his own family history (his great uncle was a trimmer down in the engine room) in this five-part engrossing podcast series. (Noiser.com)

"Throughline" — This series brought to you by NPR is a veritable time machine, using "sound and stories to bring history to life and put you in the middle of it." Hosted by Peabody-Award-winning journalists Rund Abdelfatah and Ramtin Arablouei, this podcast takes you through the contradictions of Abraham Lincoln to the 14th Amendment to even the history of "Sesame Street." Topical

— of events you've heard of but know nothing about, like the French Revolution, the murder of Franz Ferdinand, and Hitler's war on Poland. The episodes are (NPR.org)

Don't Forget These Gems

"SNAFU with Ed Helms" — Do you like your history with a dose of humor? This podcast hosted by Ed Helms (yes, the actor) is about history's greatest screw-ups. Prohibition is the topic of discussion in "SNAFU's" third season. Learn how the IRS, of all agencies, was chosen to enforce the Prohibition and how the war on alcohol "went so far off the rails the government poisoned its own people!" Be sure to also listen to seasons one and two, where we revisit President Reagan versus Yuri Andropov and how our FBI director's deepest secrets were exposed after an office raid. (iHeart.com)

"Devil and the Deep Blue Sea" — From the creators of the hit podcast "The Rise and Fall of Mars Hill" comes a new podcast that explores the "Satanic Panic" that gripped America in the '80s and '90s. Having been the subject of many daytime talk shows, this hysteria gripped parents and teens and "catapulted the political agenda of the Moral Majority." (ChristianityToday.com)



"Death of a Unicorn" (R) — Jenna Ortega ("Beetlejuice Beetlejuice") and Paul Rudd ("Only Murders in the Building") team up to play a father-daughter duo in this fantastical horror-comedy film. Rudd portrays Elliot Kintner, who takes his daughter, Ridley (Ortega), on a weekend trip to the estate of his boss, Odell LEOpold. Upon arriving to their destination, Elliot accidentally runs over a unicorn foal, much to their surprise and confusion. Keeping the injured unicorn in their car, Elliot and Ridley get to the LEOpolds' estate only for them to discover that the unicorn has healing properties. The LEOpolds want to extract as much as power as they can from the unicorn, but as majestic as these creatures look, unicorns subsequently prove that they're no one to mess with. Out now to rent. (Amazon Prime Video)

"Companion" (R) — This sci-fi thriller is a mind-bending one led by scream

queen Sophie Thatcher ("Heretic") and Jack Quaid ("Novocaine"), and it's out now to stream. Thatcher plays a young woman named Iris who prepares to travel with her boyfriend, Josh (Quaid), to a lake house to meet their friends. Once there, Iris experiences a frightening situation when Sergey, one of their friends, tries to sexually assault her. In self-defense, she kills Sergey; however, when she returns to



Paul Rudd, left, and Jenna Ortega star in "Death of a Unicorn."

the lake house in shambles, Josh reveals that she is actually a companion robot. Offered through a robotics company named Empathix, Iris is just one of many models that people can purchase and control through an app on their phone. Who knows what this revelation will lead Iris to do ... (Max)

"The Four Seasons" (TV-MA) — This eight-episode miniseries out now to binge is comprised of a stacked cast that is sure to make this your new favorite series. Serving as an adaptation of the 1981 film of the same name, this comedy series stars Tina Fey ("Mean Girls"), Steve Carell ("The Morning Show"), Colman Domingo ("Sing Sing"), and Will Forte ("Sausage Party: Foodtopia"). These comedy veterans play a group of longtime friends who always vacation together each season of the year, but dynamics in the group are thrown for a loop when one couple breaks up and the ex-husband brings in a much younger woman. Get your popcorn ready! (Netflix)

"Love Hurts" (R) — Following the success of a 2023 award season campaign that landed him a Golden Globe and an Oscar for his work in "Everything Everywhere All at Once," Ke Huy Quan was signed to utilize his action skills to lead a classic action-comedy film for Universal Pictures. Ouan plays a top-selling realtor named Marvin Gable who's become quite a success, but he hides a dark secret. Having been a former assassin for an organization run by his criminal brother, Marvin uses his realtor guise as an attempt to cover up his dodgy past. But when he receives a warning message from someone in his past, Marvin realizes that his enemies are right on his tail, and it's time for him to tie up some loose ends. Premieres May 9. (Peacock)



by Dana Jackson

Q: Why did "Alert: Missing Persons Unit" kill off Nikki? She was one of the leads on the show. Who will replace her? — J.M.

A: It was definitely shocking when the producers of Fox's "Alert: Missing Persons Unit" decided to kill off their female lead, played by Dania Ramirez. This usually doesn't happen unless the actress wants to leave the show, but nothing has been reported that it was Ramirez's choice.

Executive producer Carla Kettner explained to TVLine that the biggest factor in the decision to write out the character was their "commitment to keeping the show fresh and surprising." The plot twist happened a month before the finale because Kattner wanted the members of the investigative unit to cope with their grief over several episodes so that it would feel real.

There's still a question of whether "Alert" will get renewed. Ratings have been trending downward, but the network might be more inclined to renew the show if a big name is cast as Ramirez's replacement.

Q:How is Christina Applegate doing these

days since her multiple sclerosis (MS) diagnosis? Will she ever return to acting? — D.W.

A: Christina Applegate essentially had to retire from acting on screen once her hit series "Dead to Me" wrapped up. Filming the final season was extremely hard on her body due



Dania Ramirez in "Alert: Missing Persons

to her MS, and she told the press that she's "probably not going to work on camera again." However, never say never! Shortly thereafter, she started a podcast with actress and friend Jamie-Lynn Sigler ("The Sopranos"), who also has MS. "MeSsy" provides insight into their daily lives of living with the disease, with the hosts sharing

their vulnerability and adopting a sense of

humor about their devastating diagnoses.

Special guests on "MeSsy" have also included Applegate's "Married ... with Children" parents Katey Sagal and Ed O'Neill. Since making an announcement about her possible retirement, Applegate has committed to two television projects. First up is an animated reboot of "Married ... with Children," where Applegate will do the voice of Kelly Bundy, but the second project, a TV movie, is one that will really test her physical endurance. In Lifetime's "Your Time Is Up," she'll star as a "disheveled psychologist" who has a "unique approach" in how she conducts her therapy sessions due to her unconventional upbringing.

Q: Since the show "Lucifer" isn't coming back, what can I see Tom Ellis in next? — E.H.

A: Welsh actor Tom Ellis became a huge star in America after he starred in the series "Lucifer." Actually, it wasn't until the show was revived by Netflix after being canceled by Fox after three seasons that Ellis really hit it big. He co-starred in the Hulu series "Tell Me Lies," but it's his next series that should give you a heavy dose of him.

"CIA," the upcoming latest installment in CBS's "FBI" franchise, just announced Ellis as a "rule-breaking, loose-cannon CIA case officer." However, his co-star, who will play a by-the-book FBI agent, has yet to be announced. Look for "CIA" as part of the 2025-26 TV season.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Oscar winner Jessica Chastain is headed back to movie theaters in a big way! Her most recent film "Dreams," opposite Rupert Friend, received high praise at the Berlin Film Festival in February, but it still needs a distributor in the United States. In August 2024, she completed "Lear Rex," based on "King Lear" by William Shakespeare, and it co-stars Al Pacino as Rey Lear, Ariana DeBose, Rachel Brosnahan, Peter Dinklage, Chris Messina, Danny Huston, and Stephen Dorff.

She's also preparing for Rob Savage's horror film "Incidents Around the House." The story involves a haunting from the prospective of a young girl, whose family is targeted by an entity she calls "Other Mommy."

Recent "Maestro" Oscar nominee Bradley Cooper has chosen his next film: a comedy co-starring Will Arnett, Laura Dern and Sean Hayes, called "Is This Thing On?" After writing, producing, directing and starring in "Maestro," the biggest success of his career, he must have wanted to get far away from "Maestro's"



Jessica Chastain (Upcoming in "Dreams") demands. He just finished a series of Talenti gelato commercials. (Ice cream in a jar — a great way to zone out!)

Also missing for a while was former "Entourage" series star Jeremy Piven. He was last seen in "Sweetwater" (2023), a biographical sports film about basketball great Nat Clifton. It co-starred Cary Elwes, Richard Dreyfuss and Kevin Pollack, and it cost \$8 million while grossing \$541,633.

Obviously concerned about his thinning hair, he sought help from the HairClub for

Men. He must have been very pleased with the results because he's now the spokesman in their TV ads!

I can't even count how many times I watched "Jumanji" (1995). Robin Williams was superb in it. Apparently, the sequels have crushed its \$262.8 million grosses. "Jumanji: Welcome to the Jungle" (2017), which starred Dwayne Johnson, Jack Black, Kevin Hart, Karen Gillan and Nick Jonas, pulled in \$962.5 million. Then in 2019, "Jumanji: The Next Level" earned \$801.7 million.

Surprise, surprise, there is another sequel in the wings! "Jumanji 4" is scheduled to be released on Dec. 11, 2026. At this time, the principal actors are negotiating their (higher?) salaries, but no one's been signed as of yet.

No doubt "Jumanji 4" will be finalized soon, especially after the success of "A Minecraft Movie," a film based on the sandbox game Minecraft that allows players to explore a vast open world, build, and dig for treasure. "A Minecraft Movie" cost \$150 million, opened on April 4, and has already grossed over \$800 million. Jack Black and Jason Momoa star in the film. Imagine if they put "Jumanji" and "Minecraft" together, they could sink "Titanic" from No. 1!



La Guardiola

819 Broadway, Bayonne, NJ *Call* 201-823-3399

by Lisa Sofranko

OUTDOOR PATIO

With outdoor dining it's nice to have a beautiful place to retreat to for delicious food. If you have yet to find where that special place is for you, look no further; La Guardiola is a gourmet pizzeria and bistro with a spacious and comfortable outdoor dining area to fit all of your favorite people in. Shown above is their outdoor patio for your privacy. La Guardiola is conveniently located at 819 Broadway in Bayonne (between 37th and 38th Streets), in Bayonne.

Owner Anthony Bonetti is pleased to be of service to his customers. His food is nothing short of "grandma's secret recipe" good!

Even if you are more accustomed to ordering takeout or delivery, La Guardiola is still a great choice. Whether you are venturing out, or staying home, help yourself to the fabulous menu items at La Guardiola. Let's start with pizza. If you want a gourmet pizza, pehaps Quattro Formaggi is your style - with mozzarella, ricotta, provolone, and gornonzola cheeses on it. Instead, try a barbecue chicken pizza, a buffalo chicken pizza, a chicken bruschetta pie, a scevello (mozzarella, fresh tomatoes, garlic, marinara sauce, and fresh basil), or many other enticing options.

Of course, for all of you classic lovers, you can enjoy an incredibly tasty traditional pizza as well! For all of you rebels, no worries! La Guardiola allows you to create you own so you can become a "pizza chef!"

If you're looking for something other than pizza, perhaps a yummy calzone or a satisfying salad is more your forte. Of course, we can't forget the outstanding appetizers on the menu! Grilled calamari, clams in the style you choose, and so much more! Is your mouth watering yet?

Lunch options include pressed paninis, original focaccia sandwiches, and hot hero sandwiches. Add a homemade salad to that, which is prepared daily, to really bring it all together.

For a larger entree, check out the stupendous gourmet pastas, traditional pastas, and classic dishes such as chicken, veal, or shrimp piccata or scarpariello. These classic dishes are served with pasta or vegetables and a soup or salad. What a deal!

They also offer amazing fish entrees at reasonable prices. If you order one of these great choices (or of course, their surprizing daily specials) and don't forget the remarkable side dishes you can compliment them with.

For anyone planning on hosting a party keep in mind that La Guardiola does catering for all occasions. Call 201-823-3399 for Free delivery or pick-up.

Open Mon. - Sat. 11 AM - 9 PM, Closed Sundays. Come see what a family business can do and before you know it, you'll be family too! Ciao!







By Lucie Winborne

- Worldwide, blue is the most common favorite color.
- Medieval knights were given letters of protection that essentially provided them with a license to kill, as they granted the possessor full immunity from legal proceedings resulting from battles or necessary fatalities.
- The "Mona Lisa" has her own mailbox in the Louvre for all the flowers, poems and love letters she receives.
- Deipnophobia is the fear of dining with other people
- People have used dishwashers to clean hats, toothbrushes, sneakers and more. There are even tutorials on how to cook certain foods with a dishwasher.
- New Order's classic song "Blue Monday" is the best-selling 12-inch single in history. Unfortunately, the band lost money on it since the cost of producing its unique cover was higher than its sale price.

- In 95% of cases, the first word someone writes with a new pen is their own
- Human fetuses have gills, fur and even a tail during development. The tail becomes the coccyx and the "gills," which are temporary slits in the neck, develop into jaw and ear bones, while the fur disappears before birth or within a few weeks afterward.
- Despite more than 150 years worth of study and experimentation, no one really knows why ice is slippery.
- Sixty-eight percent of American adults buy shoes with foot pain in mind.

- The oldest known toilet, in the ancient city of Knossos on the island of Crete, has remained functional for approximately 4,000 years since its construction and was built with a seat and sophisticated drainage system.
- Eyelashes are considered the thickest and toughest of all hairs on the human body, with a lifespan of about three months.

Thought for the Day: "Life consists not in holding good cards but in playing those you hold well." — Josh Billings





DEAR PAW'S CORNER: Spring is here, and summer is just around the corner. Can you please remind people that leaving pets in a hot car is a deadly mistake? — Carol in Syracuse, New York

DEAR CAROL: Absolutely. Folks, even if the weather outside is just warm — not hot — the inside of your car can become extremely hot when it's parked in the sun. Even with the windows cracked a bit, the temperature can still rise by 20, 30 and 40 degrees higher than the outside air temperature. So, if it's a balmy 65 degrees outside, the interior of your car can

reach 105 degrees or higher — enough to cause heat injury or death for a pet.

That's why 31 U.S. states now have laws banning pets in parked cars. It's why police and even private citizens, in some areas, can smash a car window to save a pet. And it's why pet owners who leave their animal in a parked car may face fines and, in some states, prison. Those laws do not make exceptions for cars that are left running to keep the air conditioning on. If the car stalls or has an automatic switch-off, the interior will heat up dramatically even on a cloudy day.

So, as we roll into the warm spring months, it's important to have a plan for your pet if you need to take them along for the day. If they can't come with you into the store or the salon, leave them safe at home.

Fun Fact

"Carrier pigeons" have been used to relay written messages for thousands of years. As early as 3000 B.C., the Egyptians were using pigeons' "homing" skills by having them carry written texts across great distances. Once pigeons have established their connection to a particular location, their instinctual navigation remains sharp, and they can return home even from very far distances, traveling up to 600 miles in a single day. Source: luxwisp.com



Dry Cough Persisting for a Decade Might Indicate Asthma DEAR DR. ROACH: I have a dry cough that's been going on for about 13-14 years. I'm a healthy 62year-old and read that it is called "cough variant asthma." I would like to know more about this but can't really find anything about it, except that it will eventually get worse if it's not treated. I was checked twice in the past 15 years for asthma, and I wasn't diagnosed. However, I've not been diagnosed with any acid reflux or postnasal drip. — D.S.

AŃSWER: Although most people think that asthma causes wheezing, cough is a very common symptom of asthma. You've named the two other most common causes of chronic cough: acid reflux and postnasal drip. It can be tricky to make

these diagnoses.

Very often, primary care doctors will do a "therapeutic trial" that involves a short-term prescription to see if there is improvement. For acid reflux, it might be an H2 blocker like famotidine (Pepcid), which acts faster than a protonpump inhibitor like omeprazole. This is often faster, easier, and much less expensive than a diagnostic test like a 24-hour pH monitor (the gold-standard diagnostic test). Similarly, a physician might give a trial of asthma medication (such as a bronchodilator like albuterol) to see if it stops the cough, rather than immediately testing a person's pulmonary function with a trial of bronchodilators — a standard diagnostic test for asthma. Sometimes a pulmonologist will order a "methacholine challenge test" where an airway irritant is given at very low doses to see if it will trigger an asthma response in the lung. Postnasal drip can sometimes be confirmed by a physical exam, but a fiberoptic laryngoscopy is seldom necessary to make the diagnosis.

When therapeutic trials are not helpful, diagnostic tests become necessary. I personally order lung testing before and after bronchodilators on all patients with suspected asthma, as the tests give important information beyond a diagnosis. Lung testing can be used to follow the course of the disease and identify whether there may be a separate problem in addition to asthma.

DEAR DR. ROACH: I am a 69-year-old male. I exercise five days per week and eat healthy. I take losartan, simvastatin, Xarelto and metoprolol. I have gotten the COVID and flu shots yearly but still end up catching the flu. What gives?

— J.L.P.

ANSWER: I wish the flu shot was perfect, but it isn't. Each year, the flu shot is usually around 30% to 50% effective at protecting people from getting the flu. Still, 50% protection is a lot better than no protection at all. Furthermore, if you do get the flu, people who have received the vaccine tend to have milder cases, which is very similar to the COVID vaccines.

The flu is pretty contagious, so if you are in close contact with a lot of different people, you are likely to get exposed. You can reduce your risk of the flu (and COVID) by keeping away from large groups or wearing a mask, in addition to getting your yearly vaccine.

917-232-5501

THE FIELD OF DREAMS IS NOW A REALITY

Saturday, May 3, was a great day in Bayonne. More than a thousand people came out for the dedication ceremony for the new field for Buddy Baseball at 11th Street and Avenue E. Buddy Baseball, a great program for children with special needs, has become a cherished part of the community during its ten-year history. In Buddy Baseball, volunteers assist special needs players on the field during the games.

The ceremony marked the happy completion of a \$2.4 million construction project that began in September 2024. The City of Bayonne received money for the construction from the federal, state, and county governments and from local developers. Known to many as the Field of Dreams, the renovated ballpark includes a new playing area, artificial turf, bleachers, fencing, handicap access, and an adjoining playground. We would like to thank all of the public and private sector funders who made this wonderful project possible. The skilled workers of Picerno-Giordano Construction of Kenilworth built the

facility and got it done on time for the start of baseball season. Public Works Director Tommy Cotter and City Engineer Rob Russo worked hard on this project from start to finish.

In a special part of the ceremony, the new scoreboard was unveiled to reveal that the City of Bayonne has



named the facility Pete Amadeo Field. Pete, our Superintendent of Recreation, established Buddy Baseball in Bayonne and has made it one of the best recreational programs in our community's history. Each day, he leads our Recreation Division with energy and enthusiasm. Naming the field in Pete's honor was one of Bayonne's best-kept secrets. He had no idea that this was happening until the unveiling took place.

I am extremely happy that Pete Amadeo Field is completed and open for the 2025 Buddy Baseball season. It will provide fun and excitement for children and families for years to come.

SUDOKU PUZZLE

by Linda Thistle

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Place a number in the empty boxes in such a way that each row

across, each column down and each small 9-box square contains all of the number from one to nine.

DIFFICULTY THIS WEEK: ♦◆

♦ Moderate ♦ ♦ Challenging ♦ ♦ ♦ HOO BOY!

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Babies & Kids

Weddings

Events

Headshots

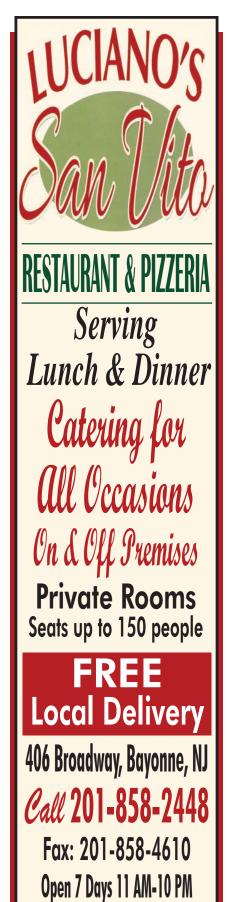
Portraits

Pets

Pets

Pets

Pets



Prune-stuffed roast loin of pork

Courtesy of Lidia Bastianich from "Lidia's Mastering the Art of Italian Cuisine" (Knopf)

Serves: 8... Ingredients:

- 8 ounces dried pitted prunes
- 1/2 cup bourbon
- 3-pound boneless center pork loin roast, trimmed



- 10 fresh sage leaves
- Kosher salt
- Freshly ground black pepper
- 2 tablespoons extra-virgin olive oil
- 1/2 cup finely diced carrot
- 1/2 cup finely diced celery
- 1/2 cup roughly chopped onion
- 4 garlic cloves, crushed and peeled
- 2 1/2 cups chicken stock

In a small bowl, soak the prunes in bourbon 1 hour. Preheat the oven to 450 degrees. Drain the prunes, and set four of them aside along with the soaking liquid.

To stuff the roast: Use a sharp knife to cut a 1/4-in 1-inch pocket along the entire length of the eye, around the top half the roast, like forming a sauce tunnel. Cut from both sides

of the roast until you cut through.

Stuff three quarters of the soaked prunes into the slit in the roast, and tie the roast securely with kitchen twine at 2-inch intervals. Thread the sage leaves underneath the ties on either side of the roast. Season the roast generously with salt and pepper, and rub it with the olive oil

Put the roast in a large roasting pan, and roast 15 minutes. Reduce the oven temperature to 400 degrees. Tilt the roasting pan, and spoon off excess fat. Scatter the carrot, celery, onion, and garlic around the roast. Roast an additional 15 minutes. Add the reserved prunes and soaking liquid, and roast 10 minutes. Pour the stock into the pan, and continue cooking, basting the roast occasionally with the pan juices, until a meat thermometer inserted into the thickest part of the roast registers 145 degrees, about 30 minutes more.

Remove the roast to a platter. Pass the contents of the pan through a food mill fitted with the fine disk into a small bowl. (Alternatively, strain the liquid through a sieve, pressing on the vegetables to extract as much liquid as possible and to force some of the vegetables through the sieve.) Skim all fat from the surface of the sauce. The sauce should be thick enough to coat a spoon lightly. If not, transfer it

to a small saucepan and reduce a bit more. Season the sauce with salt and pepper, if needed. Cut the meat into 1/4-inch slices, and serve it with the sauce.



Create an Elegant Egg Dish

Words like "high-class," "elegance" and "upscale" likely come to mind when you think of caviar. Words like "basic," "simple" and "hearty" come to mind when you think of egg salad. If you put both foods together, you've got a meal that takes caviar and eggs to a whole new level.

Give your eggs and caviar a spin with this "Egg and Fennel Salad on Toast With Caviar," courtesy of "Toast" (Chronicle Books), by Jesse Ziff Cool. The recipe calls for two to three ounces of caviar, but the amount you use depends on your taste and budget. If desired, cut the toast into quarters and serve the egg salad as canapes topped with caviar. You'll wonder why it took so long for you to combine elegance with simplicity.

EGG AND FENNEL SALAD ON TOAST WITH CAVIAR Serves 4

- 1 small fennel bulb (about 4 ounces)
- 2 tablespoons chopped red onion
- 1 1/2 teaspoons Dijon mustard
- 1 teaspoon sugar
- 1/4 teaspoon sweet paprika
- 2 tablespoons chopped fresh flat-leaf parsley
- 8 hard-boiled eggs, coarsely grated

- 1/2 cup mayonnaise, or as needed
- 4 bread slices (brioche, white, wheat, rye and challah)

Salt and freshly ground pepper 2 to 3 ounces caviar of your choice Trim away the green fronds and the base of the fennel. Remove and discard the outer leaves.

Finely chop the inner bulb.

In a medium bowl, combine the fennel, onion, mustard, sugar, paprika, parsley and eggs. Add enough mayonnaise to make a soft, pate-like

mixture. "Egg and Fennel Salad on Season lightly Toast With Caviar" combines with salt and simplicity with elegance.

pepper to taste (remember that caviar itself is salty)

Toast the bread. Mound the egg salad in the center of the toast slices, to within 1 inch of the edges. Top each with a dollop of caviar.

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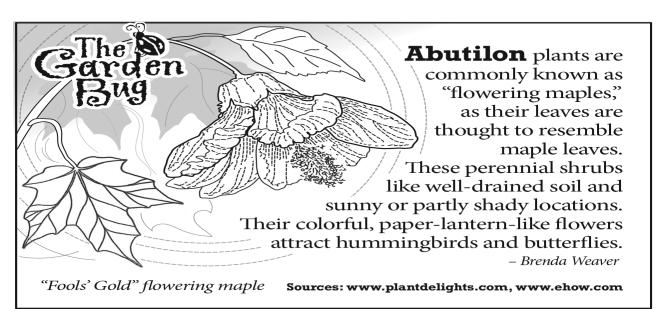




Find at least six differences in details between panels.



Differences: 1. Nametag is missing. 2. Chair is missing. 3. Vase is different. 4. Table is wider. 5. Planter is different. 6. Stripe is added to towel.





by Ryan A. Berenz

- 1. What NASCAR series, created for short-track drivers to get experience on superspeedways, had three driver fatalities during its existence from 1989-96?
- 2. What team accomplished a Major League Baseball first by hitting home runs on the first three

- pitches thrown against them in a 20-9 rout of the Milwaukee Brewers in March 2025?
- 3. Offensive lineman Dwayne White earned what nickname for being the New York Jets' lead blocker on short-yardage run plays in the early 1990s?
- 4. What short-lived 1951 TV series originating from Philadelphia consisted of children ages 3-12 fighting in three-round boxing matches?
- 5. First opened in 1977, Ice World was a venue for skating, hockey, boxing and professional wrestling located in what U.S. state?
- 6. How many 3-pointers did the Alabama Crimson Tide make to set a new NCAA Men's Basketball

- Tournament single-game record in their 113-88 Sweet 16 victory over BYU in 2025?
- 7. What American track athlete, a gold-medal winner in the 4x100 meter relay at the 1984 Los Angeles Summer Olympics, also had three touchdown receptions in an NFL career spanning 1987-92?

5. New Jersey. 6. 25. 7. Sam Graddy.

4. "Kid Gloves."

2. The Road Grader.

sion.

2. The New York Yankees.

Answers

1. The NASCAR Sportsman Divi-



- 1. U.S. STATES: Which state is last, alphabetically?
- 2. MOVIES: What does the acronym S.H.I.E.L.D. stand for in movies about Marvel characters?
- 3. LITERATURE: Who wrote the short story "The Secret Life of Walter Mitty"?

- 4. GAMES: How many cards are in a standard deck?
- 5. TELEVISION: On which sitcom did the character Harry the Hat appear?
- 6. BUSINESS: When did the first Kentucky Fried Chicken franchise open?
- 7. GENERAL KNOWLEDGE: How many Nobel prizes are awarded every year?
- 8. U.S. PRESIDENTS: Which president was the shortest at 5 foot 4 inches tall?
- 9. ASTRONOMY: Who was the first woman to travel into space?

10. ANIMAL KINGDOM: What is a baby platypus called?

10. A platypup or puggle.

9. Valentina Tereshkova.

8. James Madison.

7. Six.

6. 1952 in Salt Lake City, Utah.

5. "Cheers."

4. 52.

3. James Thurber.

.noisivid

I. Wyoming.2. Strategic Homeland Intervention, Enforcement and Logistics

Answers

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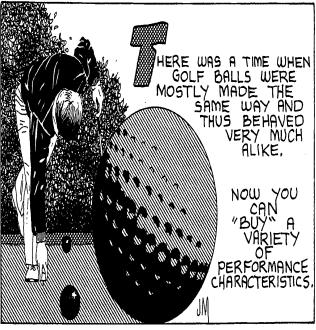
• J.C. in Florida writes: "The one thing I might add [to your tips about preparing deviled eggs] is making sure the eggs are point down during storage so that the volks are centered if stuffing." Great point! A little vinegar in the boiling water will help to keep egg in the shell if it

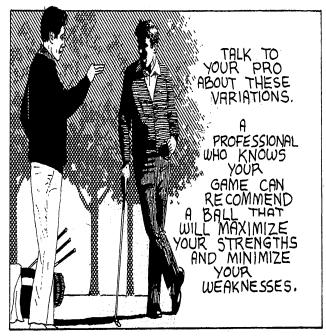
- "I love to put photos of family on the fridge. But I found that the photos were getting ruined from grease and moisture in the air. To get around that — and to really preserve them — I cleaned and laminated them. Afterward, I hot-glued little magnets to the backs, and now I can move them around to accommodate new photos. There are so many, and it gives me pleasure to look at them."—C.R. in Oklahoma
- This is classic money-saving advice as well as safety advice: Lower your water heater temperature from 140 F to 120 F. You will save money on heating water, and you will reduce your risk of scalding

from hot temperatures.

- "Add a cinnamon stick or softener sheet to your vacuum bag when you change it. While you clean, you will distribute the good smell throughout your home." — F.H. in Colorado
- Got a squeak in your hardwood floors? Dust a sprinkling of baby powder at the source of the squeak, and use a brush to get it in the cracks. The powder can help to lubricate the boards and remove the
- If you need to clean stained plastic storage containers or takeout containers that you'll use again, do it with baking soda. Get the item wet, and use a liberal amount of baking soda as a scrub. It's abrasive but gentle, and super safe for food containers.

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Cheese Trio	\$8.60	\$15.50
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(ham, cappicola, salami, cheese)		
Club	\$9.10	\$16.10
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Tuna Salad (white meat)	\$9.10	\$17.10
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Great Roast Beef	\$10.00	\$18.00
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