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Moments in time

THE HISTORY CHANNEL

• On Sept. 18, 1769, John Harris, a spinet and harpsichord maker from Boston, completed the first spinet piano to be made in America. Upon its debut, the Boston Gazette averred that the instrument "in every respect does honour to that artist."

• On Sept. 19, 1676, Nathaniel Bacon and an army of rebel followers made up of farmers, slaves and indentured servants, set fire to Jamestown, the capital of the Virginia colony, in what came to be known as Bacon's Rebellion, a civil war that pitted Bacon against Virginia governor Sir William Berkeley.

• On Sept. 20, 1942, as part of the British war effort to conserve fuel, citizens were requested to bathe in no more than 5 inches of water. The royal family even painted black lines on all the household bathtubs at said depth, and put up posters around the palace with reminders of the need to conserve energy.

• On Sept. 21, 2012, David Villalobos jumped from the Wild Asia monorail train into a tiger den at the Bronx Zoo and was mauled by a 400-pound Siberian tiger named Bachuta. Quick-thinking employees chased the animal away using a fire extinguisher, and Villalobos, though injured, was able to roll under a wire to safety and survived.

• On Sept. 22, 1999, Saudi Arabia joined other Arab countries in a threat to boycott the Walt Disney entertainment company as a protest against the Israeli exhibit at the millennium show in Florida, which portrayed Jerusalem as the capital of Israel.

• On Sept. 23, 1989, foggy conditions led to one of the worst days for accidents on the German Autobahn, with five vehicular pileups involving 256 cars and a large number of serious injuries. The Autobahns in Germany have no speed limits, and cars sometimes travel as fast as 140 mph.

• On Sept. 24, 1906, Devil's Tower (also called Grizzly Bear Lodge) in northeastern Wyoming was named America's first national monument. The tower is a sacred site for many Plains Indians, and also a popular site for rock climbing.



1. Name the group that released the 1966 version of "Cherish."
2. Who wrote and released "Just When I Needed You Most"?
3. What prompted Neil Diamond to write "Sweet Caroline"?
4. Who released "Heaven Must Be Missing an Angel"?
5. Name the song that contains this lyric: "Our guardian star lost all its glow the day that I lost you. It lost all its glitter the day you said no."

1. The Association. The song went to No. 1 and ended the year as the No. 7 song per Billboard — until the rankings were revised and the song ended up as No. 2.
2. Randy VanWarmer, in 1979. VanWarmer's recording company didn't especially like the song, but it topped the adult contemporary chart.
3. Diamond wrote the song after seeing a photo of President Kennedy's daughter Caroline.
4. Tavares. The song was too long and had to be split between a-b and-b-
5. "Mr. Blue," by the Fleetwoods, in 1959. The song isn't to be confused with the Catherine Feeny "Mr. Blue" that ended the season six finale of "Björk Horseman," the animated adult comedy TV series. Although the Fleetwoods' song might have been the better choice.

Answers

HOROSCOPES **ARIES - Mar 21/Apr 20** Aries, when an opportunity comes your way, resist the temptation to pass it up thinking something better is on the horizon. There are no guarantees, so make the most of this chance.

TAURUS - Apr 21/May 21 Many things around the home need your attention, Taurus. But you may be having trouble finding the motivation to tackle them right now. Get a partner to lend a helping hand.

GEMINI - May 22/Jun 21 Gemini, make a concerted and sincere effort to focus on family for the next few days. It's time to reconnect with everyone in the house, and you will enjoy the time at home.

CANCER - Jun 22/Jul 22 Cancer, slow down a little because moving faster will not get the job done right. It may only lead to sloppy mistakes that will take even more time to handle.

LEO - Jul 23/Aug 23 It can be challenging to find initial support for your ideas, Leo. However, once you explain all of the specifics, there's a good chance others will climb on board.

VIRGO - Aug 24/Sept 22 Risk can sometimes have a large payoff, Virgo. Just make sure you time your jump right or you could miss an opportunity to really shine.

LIBRA - Sept 23/Oct 23 Libra, if you push yourself a little harder this week, you will be happy with the results. Even though it may be an uphill battle, the summit will look pretty nice.

SCORPIO - Oct 24/Nov 22 Scorpio, just when you think you can lie low

and escape the week without any excitement, something pops up that requires all of your attention. Hunker down for now.

SAGITTARIUS - Nov 23/Dec 21 Sagittarius, focus on something new for a while rather than a problem that has been bouncing around in your brain. Frustration will get you nowhere, so let it go for now.

CAPRICORN - Dec 22/Jan 20 Capricorn, even if you take some time off from work, things will go on as planned. Although you are a key member of the team, others can temporarily fill your shoes.

AQUARIUS - Jan 21/Feb 18 Sometimes the things that require the most work are the ones that you enjoy the most, Aquarius. Dig in deep on a new project and the rewards will come afterward.

PISCES - Feb 19/Mar 20 A few things still need to be sorted out, Pisces. Then you can put your feet up for the time being. Gemini has something to say this week.

FAMOUS BIRTHDAYS

SEPTEMBER 23 Jason Alexander, Actor (64)

SEPTEMBER 24 Ian Bohen, Actor (47)

SEPTEMBER 25 Jamie Hyneman, TV Star (67)

SEPTEMBER 26 Jim Caviezel, Actor (55)

SEPTEMBER 27 Anna Camp, Actress (41)

SEPTEMBER 28 Hilary Duff, Actress (36)

SEPTEMBER 29 Alfie Boe, Singer (50)



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HOROSCOPES **ARIES - Mar 21/Apr 20** Aries, it may seem like you have long been preparing for a big event. Now is your chance to finally take action. Try to do something proactive this week. You are ready to move forward.

TAURUS - Apr 21/May 21 Taurus, reality is setting in this week, and you realize just how much you need to catch up on. There is no more room for procrastination. It is time to get busy.

GEMINI - May 22/Jun 21 Gemini, an attitude about a particular relationship is changing, and you may need to go with the flow. This may result in some self-doubt, but you can make it through.

CANCER - Jun 22/Jul 22 Cancer, shifting circumstances at work may leave you a little confused. Reassess your situation and come up with a new plan. Work collectively toward the goal.

LEO - Jul 23/Aug 23 Your inspiration comes from a blend of methodical planning as well as clever inspiration, Leo. The results will be exceptional if you keep at it.

VIRGO - Aug 24/Sept 22 Virgo, even if you step out of your comfort zone, you will not venture too far. That is fine by you since you tend to be a creature of habit. Just expand your reach a little bit.

LIBRA - Sept 23/Oct 23 Your friendly attitude can be just what others need in the week ahead, Libra. They simply cannot resist your charms, and you can help them to settle down.

SCORPIO - Oct 24/Nov 22 Scorpio, recognition is coming your way. Embrace the attention and recognize that it is not unfounded. You earned the praise about to be heaped on you.

SAGITTARIUS - Nov 23/Dec 21 Sagittarius, you may head in one direction only to find that you might have been better off going elsewhere. Eventually you will get your bearings.

CAPRICORN - Dec 22/Jan 20 Take a risk at work, Capricorn. If you consistently sit in the shadows, then you won't ever get ahead. Try a few things to make an impact without generating big waves.

AQUARIUS - Jan 21/Feb 18 Making decisions this week requires little effort on your part, Aquarius. That's because all of your stress has melted away in the last few days and things are relatively easy.

PISCES - Feb 19/Mar 20 Pisces, even though everything seems predictable right now, things are about to get a little backwards in the next few days.

FAMOUS BIRTHDAYS

SEPTEMBER 30 Ezra Miller, Actor (31)

OCTOBER 1 Julie Andrews, Actress (88)

OCTOBER 2 Camilla Belle, Actress (37)

OCTOBER 3 Gwen Stefani, Singer (54)

OCTOBER 4 Susan Sarandon, Actress (76)

OCTOBER 5 Kate Winslet, Actress (48)

OCTOBER 6 Ioan Gruffudd, Actor (50)



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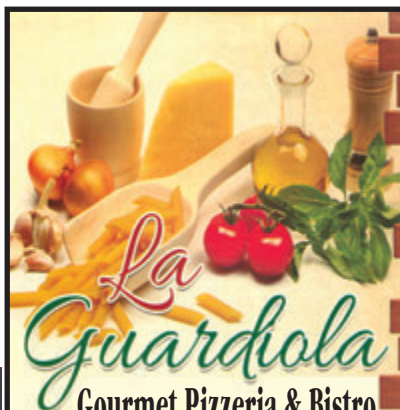
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The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

ACROSS

1. Role on "This Is Us" (2)
10. "Unhappily ___ After"
11. Darkness; depression
12. "___ and Stacey"
13. Lamb's cry
14. Author Milne's monogram
16. Role on "Station 19" (2)
18. Sense of self-esteem
20. Ward, for one
21. MacGraw & Larter

22. "___ Sematary"; 2019 John Lithgow horror movie
23. Hitchcock or Scorsese: abbr.
24. "Dawn of the Planet of the ___"
25. Capital city
27. "___ Indianapolis: Men of Courage"; Nicolas Cage film
28. Popular reality series (2)
32. "My Wife ___ Kids"
33. "Long ___ and Far Away" (1989-93)
34. "___ to Me" (2009-11)
37. Actress Reese
39. "One Life to ___"
40. Beaver's dad (2)
15. Free-for-alls
16. Derek & Diddley
17. Natalie Cole's dad & others
18. ___ Cuthbert of "24"
19. "Two Guys, a ___ Pizza Place" ___
21. Commotions
24. Diving bird
26. "Law & ___"
29. Powder, for short
30. "I've Got ___ in Kalamazoo"
31. Word in the title of Howie Mandel's show
34. Ms. Ullmann
35. "___ Got a Secret"
36. Suffix for auction or profit
38. Initials for Mr. Dobbs
39. "___ Femme Nikita"

DOWN

1. Berry or Olin
2. "5th ___ Girl"; Ginger Rogers movie
3. "How I Met Your Mother" role
4. Series for George Clooney
5. Actor Richard
6. "There Oughta Be ___"; comic strip of old
7. Rosie's initials
8. Flies high
9. Dr. Eric Foreman's portrayer on "House" (2)
13. "Who Wants to ___ a



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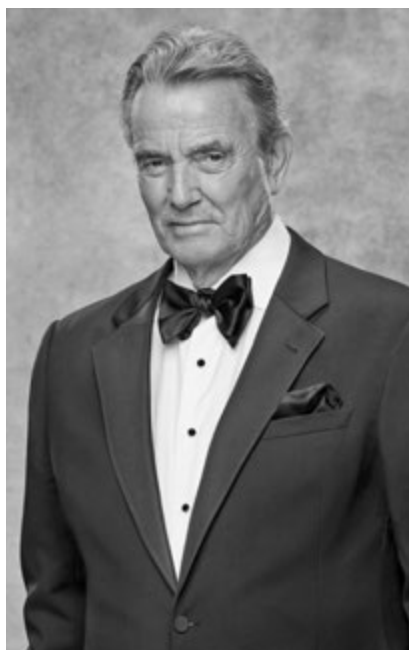
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SOAP updates

COMPILED BY **DANA BLOCK**

DAYS OF OUR LIVES Marlena asked John and Steve to help identify the mystery man. Xander received a job offer. Marlena agreed to help Ava. Theresa surprised Brady. EJ tried to wipe Ava out. Sloan grappled with her guilt and considered coming clean. Chloe and Nicole shared a tense exchange. Sarah struggled with her feelings for Xander. Johnny threw a wrench in EJ's plan. Tripp and Wendy met at the Salem Inn for a special night. Harris helped Ava, but put them both in a bad situation. Rafe learned there was trouble at Bayview. Victor's loved ones gathered together for his funeral. A grieving Maggie pushed Sarah to tell Xander the truth. Philip attempted to reassure Kate. Sonny and Xander



Eric Braeden is "Victor" on "The Young and the Restless."

came to blows. **Wait to See:** John uncovers a secret about the mystery man. Sarah goes into labor. An unexpected visitor rocks Salem.

GENERAL HOSPITAL Sonny found himself in the hot seat. Diane

was called to action. Ava pressed Mason. Cyrus toyed with Drew. Carly demanded some answers. Kristina and Dante commiserated. Cody was on a mission. Anna followed Valentin. Alexis was blunt with Nina. TJ and Molly were very hopeful. Sam came clean. Mac was determined. Trina confided in Josslyn. Gregory lost his nerve. Molly and Kristina clashed. Dex opened up to Josslyn. Anna was apologetic. **Wait to See:** Eddie Maine is in his element. Cody has a revelation. Ava gives advice to Nina.

THE YOUNG AND THE RESTLESS Phyllis interfered in Daniel's love life. Lily reconnected with Billy. Mariah made an unexpected move. Victor taught Victoria a painful lesson. Adam kept up appearances with Sharon. Nikki made a new enemy and summoned Kyle to an important meeting. Billy lost his cool. Nate gave Audra some unsolicited advice.

Wait to See: Victor comes to Sharon's rescue. Jack and Diane worry about Kyle. Nick receives an intriguing offer.

COUCH THEATER DVD PREVIEWS BY AMY ANDERSON

"The Little Mermaid" (PG) — The live-action adaptation of Disney's 1989 animated classic hits streaming on Sept. 6 after racking up \$568 million in the box office. In her first lead role in film after having a promising start in music, Halle Bailey ("Grown-ish") puts a refreshing spin on the daydreaming red-haired mermaid, with vocals that simply couldn't be paired better for a live-action version of Ariel. Melissa McCarthy ("Bridesmaids") takes on the treacherous (and fabulous) villain, Ursula, while Prince Eric is played by Cambridge alumni Jonah Hauer-King. While some of the visual effects of the film did leave something to be desired, the final moments between Ariel and Ursula make for a beautiful bone-chilling climax. (Disney+)

"Love Again" (PG-13) — If you're looking for a conventional rom-com to pour your heart into, look no further than

Priyanka Chopra Jonas' new film, out now. Chopra Jonas, who you might've seen in any of her numerous Bollywood films or thriller series like "Citadel" and "Quantico," plays Mira, a children's book author still mourning the loss of her fiancé. One of the only things that gives her solace is texting his old phone number, but she doesn't realize that a stranger,



Yara Shahidi, left, and Odessa A'zion star in "Sitting in Bars with Cake."

named Rob, now has her ex's old number. Rob lets these messages pile up, until he's overcome with such curiosity about the messages that he has to put a face to the name. When Mira and Rob finally do meet, sparks fly between them both, leaving Rob to figure out how to tell Mira that he's always been on the other line of those messages. (Netflix)

"Sitting in Bars with Cake" (PG-13) — From Trish Sie, the director of "Pitch Perfect 3," this film follows two 20-some-

things: a shy baker named Jane and her longtime best friend, Corinne. When Jane brings one of her cakes to the bar where Corinne's celebrating her birthday, Jane suddenly becomes the center of attention, and the girls realize that cake is just the icebreaker Jane always needed to find her romantic match. So, they plan to proceed with their "cake baring" once a week for a year, until Corinne receives a diagnosis that throws a wrench in their plans and their friendship. Yara Shahidi ("Black-ish") and Odessa A'zion ("Fam") lead this touching film about friendship and love, out on Sept. 8. (Amazon Prime Video)

"The Changeling" (TV-MA) — LaKeith Stanfield ("Judas and the Black Messiah") and Clark Backo ("Letterkenny") star in the lead roles for this new horror fantasy series based on the novel by Victor LaValle. Apollo (Stanfield) is settling into his new life as a father to his first child and as a husband to his wife, Emma (Backo). Emma, however, suffers from symptoms of post-partum depression, and with her symptoms going untreated, she commits a horrific act, then disappears into thin air. Now at a loss on what to do next, Apollo has no choice but to search for her in a New York City he didn't know existed. The first three episodes of the series AppleTV+ described as "a fairytale for grown-ups" premiere Sept. 8. (AppleTV+)

celebrity extra

by Dana Jackson

Q: Is Kaley Cuoco's series "The Flight Attendant" returning for a third season? I saw that she was in another show on Peacock. Is she able to act in both shows, at least once the strikes in Hollywood are over? — L.J.

A: It used to be that when an actor had a regular role on more than one series at a time, it was considered rare. Think Heather Locklear in both "Dynasty" and "T.J. Hooker" back in the 1980s, Christopher Meloni on "Law & Order: SVU" and "Oz" in the early 2000s, to multiple examples during the modern streaming years. One of those fortunate, highly employable celebrities is Kaley Cuoco. Once her smash hit sitcom "The Big Bang Theory" ended, she landed (HBO) Max's "The Flight Attendant," which has lasted two seasons. Cuoco then starred in the movie "Meet Cute" with Pete Davidson as well as the Peacock thriller series "Based on a True Story." When asked back in 2022 if "The Flight Attendant" will be back for a third round, she told People magazine, "I think for me, at this moment, the plane has landed." However, a

source from Max told TVLine.com that "no official decision" about future episodes has been made.

Q: In "Star Wars: Rogue One," there's a scene on the spaceship where a trooper is passing a "tape" of something to the other



Kaley Cuoco in "The Flight Attendant"

side of the door just before Darth Vader comes on board. Is that person played by Leonard Nimoy? It looks and sounds like him. — J.F.

A: I watched the scene you're referring to and did some digging, including asking some of my "Star Wars" expert friends, and I don't believe it's Leonard Nimoy. Best known as Spock from the original "Star Trek" series and several of the subsequent films, Nimoy

didn't appear in any of the "Star Wars" movies. He passed away in 2015, while "Rogue One" premiered in 2016. It's certainly possible he could have filmed it before his death, but sadly, that's not the case. I'm also unsure of the actor's name who looks like him in that scene.

If you want to see Nimoy in his last on-screen role, I recommend the film "Star Trek Into Darkness." Directed by J.J. Abrams ("Star Wars: The Force Awakens" and "Star Wars: The Rise of Skywalker"), it features an all-star cast with Chris Pine playing an alternate version of Capt. Kirk, Zachary Quinto as Spock, Zoe Saldana as Uhura and Benedict Cumberbatch as Khan. Nimoy makes a special cameo as Spock Prime.

Q: Did they ever find out the cause of LeBron James' son's heart attack? Will he be able to continue playing basketball? — H.I.

A: Los Angeles Lakers star LeBron James' oldest child, Bronny, suffered a cardiac arrest while practicing basketball at the University of Southern California this summer. Fortunately, he recovered after a stay in the ICU and hopes to be able to play college ball. Bronny underwent evaluations in California and at the Mayo Clinic, which led to the discovery of a congenital heart condition that is said to be treatable. According to ESPN, his family expects him to return to the court.

HOLLYWOOD by Tony Rizzo

HOLLYWOOD — Have movie-goers' tastes changed? While "Barbie" races toward a possible \$2 billion and "Oppenheimer" reaches for its first billion, other blockbuster favorites haven't fared as well. The first disappointment was "Indiana Jones and the Dial of Destiny" (only grossed \$375 million after a \$300 million cost), not even covering the \$600 million needed to break even. Yet "Indiana Jones and the Kingdom of the Crystal Skull" (2008), which cost \$185 million, far exceeded its sequel, grossing \$791 million.

Tom Cruise is considered bankable, especially after the billion-dollar "Top Gun: Maverick" grosses, but "Mission: Impossible — Dead Reckoning Part One" has only grossed \$552 million after a \$291 million cost. Paramount expects they might be able to recoup their losses with "Dead Reckoning Part Two" when it is released on June 28, 2024.

When 87-year-old director William Friedkin died on Aug. 7 due to heart failure and pneumonia, it didn't mark the end of his directing career. Despite his failing health, the Oscar-winning director ("The French Connection" and his unforgettable classic "The Exorcist") took on writing a screenplay with



Director William Friedkin (1935-2023)

Herman Wouk based on Wouk's two-act play "The Caine Mutiny Court-Martial."

A film adaptation of Wouk's 1951 Pulitzer-Prize-winning novel, "The Caine Mutiny" (1954), starred Humphrey Bogart, Van Johnson, Fred MacMurray, Jose Ferrer and Lee Marvin. For this film, Friedkin chose Kiefer Sutherland, Jason Clarke, Jake Lacy and Lance Reddick. It will likely premiere on Showtime, since the network produced it, depending on its reception after its premiere at the Venice Film Festival, which took place on Sept. 3.

Ryan Gosling, riding high from playing Ken in "Barbie" (including getting early Oscar buzz), wrapped the super-macho title role of "The Fall Guy" back in March before the strikes closed everything down.

The film, based on the 1981-86 series starring Lee Majors, also stars Emily Blunt in the role originally played by Heather Thomas (last seen in the 2014 musical comedy "Girltrash: All Night Long") and Aaron Taylor-Johnson in the role played by Douglas Barr (who left acting and is now directing).

Barr's last credits were the Hallmark movies "Northpole" (2014) with Lori Loughlin, Dermot Mulroney and Robert Wagner (as Santa Claus) and its sequel that came a year later, "North Pole: Open for Christmas." Meanwhile, Majors was last seen in the action film "Renegades" (2022).

Now that Margot Robbie can write her own ticket after her supersuccess as "Barbie," she has a project that she's raring to do. Since 2016, she has wanted to play "Queen of the Air" Lillian Leitzel, who was one of the biggest trapeze artists for Ringling Brothers and Barnum and Bailey Circus during the early 20th century. When you're flying high like Robbie is, you might as well try a trapeze!



By
Anthony
D'Angelico



The Blessing Bakery 422A Avenue C, Bayonne, N.J. *Call* **201-912-2656**

Who doesn't love a warm, fresh pastry on a cool fall morning? Stale bread could really put a damper on one's mood, but Blessing makes all breads and pastries fresh daily, inviting customers to break into a soft pastry and bask in the warm, fresh goodness.

Daniel, the owner and baker of The Blessing Bakery located at 422A Avenue C in Bayonne, NJ is a masterful baker, serving Hudson County for over 20 years. Daniel began his ventures in baking at the age of 14 with his father, The Blessing Bakery, regardless of its deliciousness, is a family-oriented business above all. The Blessing's goal is to make their customers happy and provide them with the most important meal of the day: a good, filling breakfast.

The Blessing Bakery sells long rolls, twisted bread, round rolls, french bread... you name it, they have it. Besides the normal bread selection, The Blessing also offers sugary treats for those who enjoy a little sweet to match their morning coffees. Items like Concha Mexicana, a sweet roll en-

veloped with a hard crust that forms a delicious, layered taste once bitten; Borrachos bread, a soft, sugar bread inlaid with a colorful pink swirl destined to make your eyes pop. The Blessing also has muffins and cranberry/pecan loaves amongst other yummy goodies. While The Blessing is a delicious bakery, their prices are even tastier, with treats ranging from \$0.50 to \$12.00. Those prices are truly a blessing for the quality of this bakery!

The Blessing Bakery has quickly become a staple for Bayonne residents, who like all New Jerseyans love their bread. Don't lose out on the hottest (and freshest!) spot in Bayonne: The Blessing Bakery. The bakery is open 7 days a week: Monday, Tuesday, Thursday & Friday from 8 am to 7 pm, Wednesdays from 8 am to 6 pm, and Saturday from 8 am to 5 pm, closed Sundays. It's a true blessing that Bayonne is home to The Blessing Bakery, where your carb-filled needs can always be met!



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Bayonne To Hold Health Fair On Wednesday, October 4; Rain Date is Thursday, October 5

Mayor Jimmy Davis announced that the City of Bayonne will hold a health fair on Wednesday, October 4, from 11:00 a.m. until 3:00 p.m., in Fitzpatrick Park, which is located on Avenue C, between 26th and 27th Streets.

The fair will offer Bayonne residents the opportunity to receive health screenings, health information, and other services.

Participating organizations include healthcare-related organizations, public agencies, and non-profit services. Up to thirty groups are expected to participate. Participation is subject to municipal approval.

Mayor Davis said, "The 2023 health fair will provide our residents with a great opportunity to receive health services and information in one convenient location. This will be the first municipal health fair in Bayonne since 2019.

The event did not take place during the Coronavirus pandemic. The City of Bayonne is very happy to bring back this important health fair for our residents."

In the event of rain on Wednesday, October 4, the health fair would take place on Thursday, October 5, at the same hours and location.

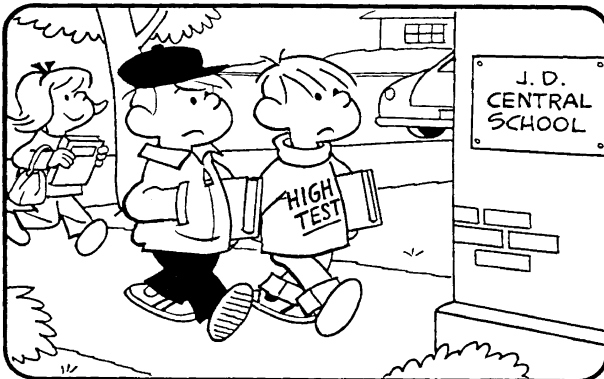
Mayor Davis concluded, "I would like to thank the Bayonne Health Division, our Clinic Nurses, and all of the participating organizations, agencies, and services for coming together for this event. I urge Bayonne residents to drop by the health fair and take advantage of this great opportunity to improve your health."

For more information, please call the Health Division Clinic Nurses at 201-858-6140 or 201-858-6139.

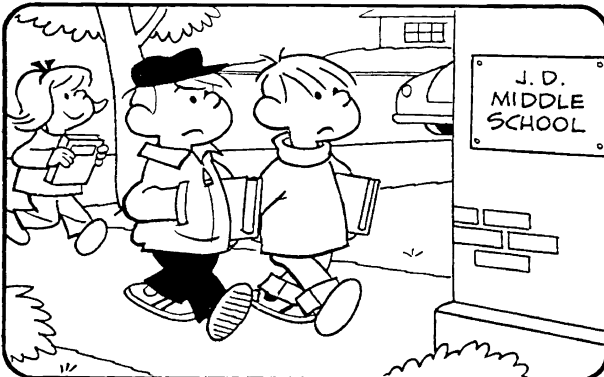


HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Purse is missing. 2. Cap is different. 3. Sweater words are missing. 4. Book is moved. 5. Car is moved. 6. School name is different.

SUDOKU PUZZLE

by Linda Thistle

9					8		2	
		7	3				8	6
	8			2		1		
		1			3		5	
	6			4				3
4			8			7		
		2		3				1
	1				5		3	
5			2		4	6		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the number from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦♦ Moderate ♦♦ Challenging

♦♦♦ HOO BOY!

8	2	9	4	1	2	6	3	5
6	1	4	7	5	8	2	3	9
8	7	6	3	9	5	4	1	2
4	3	8	9	1	6	5	3	7
2	9	7	1	6	8	3	5	4
7	6	5	4	2	8	9	1	3
2	6	8	5	4	2	3	7	1
4	8	5	4	2	7	1	9	6
3	8	6	9	5	3	7	1	2
1	2	7	3	5	6	9	4	8
6	1	4	8	9	3	2	7	5
9	4	5	1	6	8	3	2	7

Answer

Strange BUT TRUE

By Lucie Winborne

- In 2014, there was a school in Turin, Italy, that had just one teacher and one student. Though the latter admitted to being lonely, officials decided to keep the school open as long as at least one pupil was enrolled.
- Altocalciphilia is the medical term for a shoe addiction.
- Embryonic bats go through a stage called “peek-a-boo,” when their wings grow to cover their eyes.
- Muhammad Ali’s star on the Hollywood Walk of Fame is the only star

that is not on the sidewalk, but on the wall of the Kodak Theatre, to honor the boxing champ’s request that he “did not want to be walked on.”

- Pennies are used to adjust the time in London’s famous Big Ben clock tower. A single cent can change the pendulum’s center of mass and alter the time by 0.4 seconds per day.
- Michael Bay filmed Megan Fox washing his Ferrari as her audition for “Transformers.”
- Halley’s Comet has two correct pronunciations. It can rhyme with “daily” or “valley” since its discoverer, Edmond Halley, spelled his name six different ways during his lifetime.
- The 2003 invasion of Iraq was orig-

inally dubbed “Operation Iraqi Liberation” but quickly changed due to the fact its acronym spelled out “oil.”

- After learning that her husband had been killed in World War II, Mariya Oktyabrskaya sold everything she owned to donate a tank to the Soviet Red Army, with the condition that she be allowed to drive it. When the tank was hit by gunfire, she would not only risk her own life to jump out and repair it, but ended up becoming the first female tanker to receive the Hero of the Soviet Union award.

Thought for the Day: “Too many people overvalue what they are not and undervalue what they are.” — Malcolm Forbes



Keep Dogs Leashed on the Trail

DEAR PAW’S CORNER: Can we talk about people on hiking paths who let their dogs run off-leash? I’m getting increasingly frustrated at the number of loose dogs that run up to

my dog, Chester, when we’re out for a day hike. Since the pandemic, it seems to happen much more often. I keep my dog on a leash because he’s big, boisterous and could knock an adult down if he took off running. Why can’t other people do the same? — Bev in Stoneham, Massachusetts

DEAR BEV: I hear you! As a hiker myself, I get the appeal of going out to wild spaces. And I love bringing my dog along. But she stays on her leash. It’s not just the right thing for dog owners to do, it’s the law in most state parks. Some federal parks don’t even allow dogs or other pets, often because of fragile ecology.

Hikers, check the rules of the park or wildlife area you’re planning to walk through before leaving home. Even if there are no rules about dogs, keep your dog on a leash. Not only will it protect your dog from encounters with unappreciative wildlife (like skunks, rattlesnakes and porcupines), it will also protect other hikers and their dogs from injury and undue stress. Not all dogs on the trail are friendly or well-socialized.

And finally, pick up your dog’s poop and carry it out with you. Yes, it’s gross. But it preserves the beauty and ecology of the park. And it’s the right thing to do.



- If frost is forecast, cover tender plants, such as tomatoes, cucumbers and squash. It doesn’t take much to damage or kill them.
- Finish harvesting, and dry, freeze and/or can your fruits and vegetables.
- Start saving your seeds of vegetables, flowers, and herbs.
- Divide perennials, replant and/or share with friends.
- Bring houseplants in from outdoors; check for bugs and diseases, and apply controls.
- Stop fertilizing roses, and remove dead blooms and foliage. — Brenda Weaver

Source: naturespath.com

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WOLFGANG PUCK'S KITCHEN

Back to Basics: Apple Pie

By Wolfgang Puck

Two of my all-time favorite after-dinner treats combine in one perfect dessert: apple pie. It's a basic that all home cooks should have in their repertoire, a recipe you can rely on whenever you desire sweet comfort food.

Good pie pastry is surprisingly easy to make, especially now that just about everyone has a food processor. The stainless-steel blade combines flour, sugar, and salt (plus, if you like, some sweet spice to flavor the pastry) in just a few seconds of pulsing the machine on and off. Then, less than a minute more of processing to incorporate chilled butter, egg yolks, and cream gives you a rich dough that will turn into the most beautiful, tender crust for your pie.

Finally, you have to chill the dough for several hours to firm it up. If you don't have time, though, you can always feel free to substitute store-bought rounds of pie crust sold in the refrigerated case in most markets. They'll give good results, too.

As for the filling, much of your success comes down to selecting the right apples. You need a variety that tastes both sweet and tangy, with a texture that will hold its shape during baking, winding up at once both soft and still just slightly firm to the bite. My favorite with these characteristics is the widely available Granny Smith variety. You could also use such apples as Jonathan, Fuji, Winesap, and Pippin. Really, there are so many different kinds of apples for sale in farmers' markets and even supermarkets these days that it's fun to taste and experiment.

One special trick I like to do when making an apple pie filling is to saute the apples with butter and sugar to give them a caramel sauce. You won't believe how much more complex and flavorful your pie will taste for taking this little extra step.

Once your pie dough and apples are ready, you're just over an hour away from a freshly baked pie. Rolling out the dough and filling the pie takes just a few minutes. Don't worry if it doesn't look magazine-perfect; rustic-style pies that actually look homemade can be even more appealing. Take special care, though, to bake your pie long enough, so that the crust turns a deep golden brown. Too many people remove their pies from the oven too soon, depriving themselves of the pleasurable texture and flavor of fully cooked pastry to complement the filling.

So give my apple pie recipe a try soon. First, make it one weekend for a Saturday dinner party or Sunday family meal. Once you've got the hang of this very basic recipe, you'll be preparing apple pies on weeknights, too!

GRANNY SMITH APPLE PIE WITH CINNAMON CRUST

Makes 1 pie, 8 servings

CINNAMON PIE DOUGH:

3-1/2 cups all-purpose flour
2 tablespoons granulated sugar
2 tablespoons ground cinnamon
1/2 teaspoon salt

3/4 pound unsalted butter, well chilled, cut into 24 pieces

4 large cage-free egg yolks

1/4 cup heavy cream

APPLE FILLING

7 tablespoons unsalted butter

12 medium organic Granny Smith apples, peeled, cored, and cut into 1/2-inch wedges

1/4 cup granulated sugar

1/4 cup dark brown sugar

1/2 teaspoon ground cinnamon

2 tablespoons Calvados (apple brandy) or applejack, optional

GLAZE AND GARNISHES

1 large cage-free egg, beaten

Vanilla ice cream or whipped cream (optional)

First, make the dough. In a food processor fitted with the stainless-steel blade, combine the flour, sugar, cinnamon, and salt. Pulse the machine on and off a few times. Scatter the butter evenly inside. Process until the mixture resembles coarse meal. In a small bowl, whisk together the egg yolks and cream. With the machine running, pour the mixture through the feed tube and continue processing until the dough comes together. Carefully remove from the processor, wrap in plastic wrap, and refrigerate for at least 2 hours or overnight.

For the filling, melt 6 tablespoons of the butter in a large skillet over medium-high heat. When the butter begins to turn brown, add the apples and sprinkle with the sugars and cinnamon. Cook, stirring frequently, until the sugars have turned thick, dark brown, and bubbly, 10 to 15 minutes. The apples should still be firm. Stir in the Calvados, if using. Line a baking pan with aluminum foil and spread the apple mixture in it to cool to room temperature.

Meanwhile, remove the dough from the refrigerator and leave at room temperature for 30 to 40 minutes. Preheat the oven to 400 degrees F.

Cut the ball of dough into two halves, one slightly larger than the other. Place the smaller half cut side down on a lightly floured work surface. With a floured rolling pin, roll it out to an even circle 11 inches in diameter. Gently fold in half or quarters and transfer to a 9-inch pie pan. Unfold and gently ease it into the contours of the pan. Roll out the larger half of dough to a circle about 12 inches in diameter and gently fold in half or quarters.

Fill the lined pie pan with the apples. Dot with the remaining 1 tablespoon butter. Carefully unfold the remaining pastry circle over the filling. Tuck the edges of the top pastry under the rim of the bottom pastry and press down with your fingers to seal together and decoratively flute the edges. With the tip of a small, sharp knife, cut 3 vents about 2 inches long in the center of the top crust.

Place the pie on a baking sheet and bake in the lower third of the oven for 30 minutes. Reduce the heat to 375 degrees F. and bake for 20 minutes longer. Remove from the oven, brush the top pastry with the beaten egg, return to the oven, and continue baking until the crust is deep golden brown, 5 to 10 minutes longer.

Serve hot, warm, or at room temperature, accompanied by vanilla ice cream or whipped cream, if you like.



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1. FOOD & DRINK: What does the acronym "IPA" stand for in a beer?
2. LITERATURE: Who is the author of "The Hunger Games" series?
3. U.S. STATES: Which state has the most lighthouses?
4. GEOGRAPHY: What is the capital of New Zealand?

5. GAMES: What is a perfect score in bowling?
6. SCIENCE: What does an auxanometer measure?
7. ANIMAL KINGDOM: What is a female donkey called?

- Answers**
1. India Pale Ale.
 2. Suzanne Collins.
 3. Michigan.
 4. Wellington.
 5. 300 points.
 6. Plant growth.
 7. A jenny.

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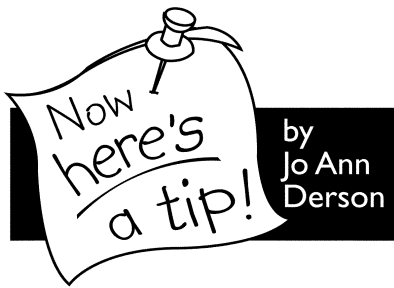
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• When I need to dust the ceiling, I don't have a fancy contraption; I just use my broom. If you have popcorn ceilings, you can rubber band a feather duster to the end of your broom. Look around your house, and maybe you'll find a sneaky

cleaning purpose for everyday items.

- Dirty candles can be cleaned up quickly with a leg of panty hose. Slip the candle in the hose, rub the outside of the candle and release.
- "Rub banana on CDs with scratches. Wipe the excess off with a soft towel and make sure all of the banana is gone before you put it in your player. It usually does the trick for me." — E. in Maine
- You can use a coffee filter to clean the screen of your television. It's not scratchy and non-static. Be sure not

to press down hard into today's screens. And use only approved cleaners for your flat-screen and plasma television sets.

- "I purchased a medium-size colander with a handle at the dollar store. I have it hanging on a hook in the kids' bathtub. It's much easier for them to scoop toys out of the water, and more fun too, I think." — A.C. in Nebraska
- Need to clean your iron? Scrub the face with salt. Then heat it and run the iron over the salt. I pour the salt on foil for even more heat effect.



by Ryan A. Berenz

1. Punter Reggie Roby, who played 16 NFL seasons from 1983-98, played for what college team?
2. The Guldpuken is an award presented annually to the top ice hockey player from what country?
3. What 7-foot-1-inch-tall center

from Marquette University was selected by the Washington Bullets in the second round of the 1994 NBA Draft?

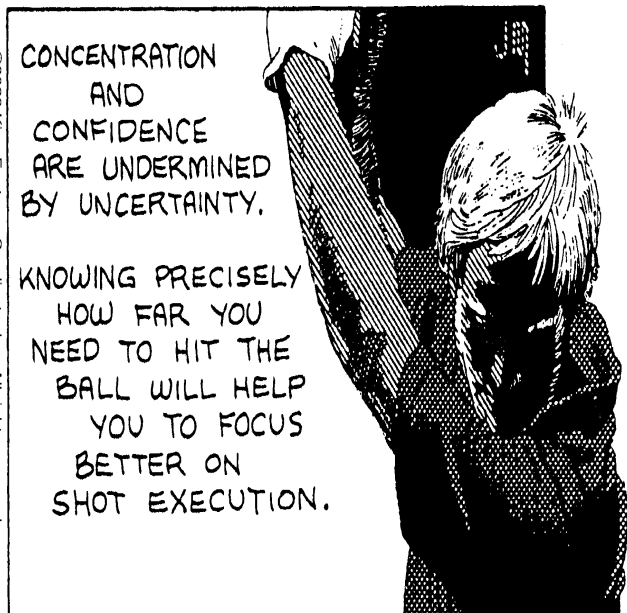
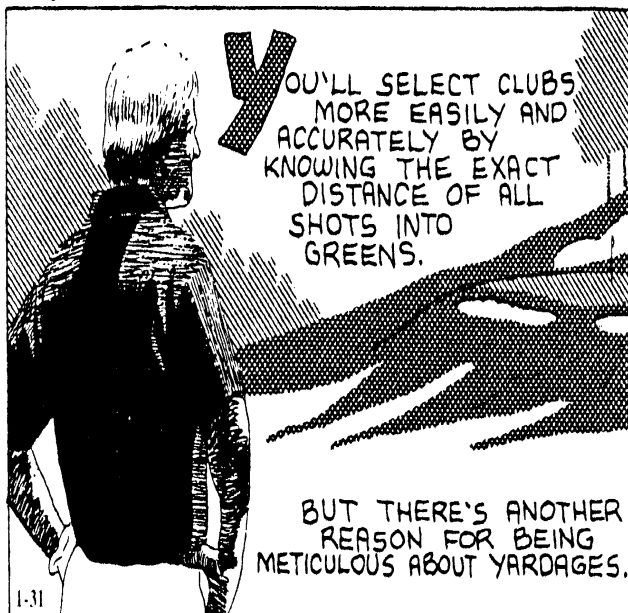
4. What Pulitzer Prize-winning sports columnist for The New York Times (1942-74) also wrote the books "Kings of the Home Run" (1962) and "Pro Football's Hall of Fame" (1965)?
5. Two NASCAR drivers were killed in separate incidents during practice for the 1994 Daytona 500. Who were they?
6. Name the golfer from Northern Ireland who won the 2010 U.S. Open at Pebble Beach Golf Links.

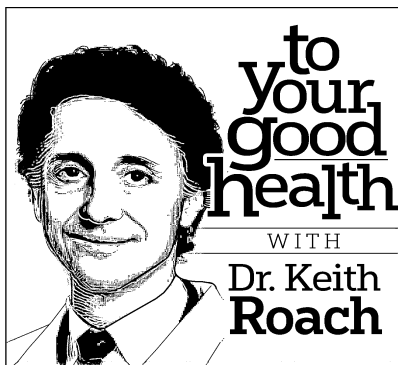
7. The Bravos de Margarita, Navegantes del Magallanes and Tigres de Aragua are pro baseball teams in what South American country?

1. The Iowa Hawkeyes.
2. Sweden.
3. Jim McIlvaine.
4. Arthur Daley.
5. Neil Bonnett and Rodney Orr.
6. Graeme McDowell.
7. Venezuela.

Answers

Play Better Golf with JACK NICKLAUS





Spinal Cord Injury Misdiagnosed as Blood Pressure Stroke

DEAR DR. ROACH: Have you ever heard of a “low blood pressure stroke”? That was my husband’s (incorrect) diagnosis several years back when he suddenly could not move his arms and legs. He was told that not enough oxygen was getting to his spine. (His blood pressure is historically low, usually around 90/60.)

That lasted about seven months, and he was bedridden the entire time. He then went to a neurosurgeon and was (correctly) diagnosed with a spinal cord injury. He had C1-C2 surgery and had use of his limbs the next day. After months of physical therapy, he regained a lot of function.

We’ve never heard of that diagnosis before or after his experience. Does it really exist? — E.S.K.

ANSWER: The brain has tremendous ability to regulate its own blood flow under a very wide range of blood pressures, but there are some limits. When a person is used to very high blood pressure levels, such as 200/110 for months or years, a sudden drop to 90/60 (or even 120/80 sometimes) can cause a stroke. That’s the main reason we don’t lower blood pressure too quickly in people who have had very high blood pressure levels for a long time. It takes weeks or months for the brain to recover its ability to regulate blood flow.

In a person who has a heart attack, prolonged low blood pressure (or no blood pressure) will also cause brain damage. That’s why starting CPR as quickly as possible is so critical in order to preserve brain function.

In both of these cases, not enough blood is getting to the central nervous system (the brain, the spinal cord and the retinas), which can lead to cell death — the hallmark of a stroke. But these are extreme cases.

A healthy person whose normal blood pressure is around 90/60 is at risk for fainting when suddenly standing; however, they are at a lower-than-average risk for heart disease and stroke. The diagnosis of “a low blood pressure stroke” for your husband doesn’t make any sense at all to me, and advanced imaging of the brain should have made it abundantly clear that it was not the right diagnosis.

I’m shocked that he wasn’t treated correctly for that long. But I’m very happy to hear that his neurosurgeon did not assume the diagnosis of a stroke, instead making the correct diagnosis and performing the procedure to help him recover. Your husband is fortunate that he still had neurological function to recover after such a long time, since spinal cord injuries generally heal better when treated promptly.

DEAR DR. ROACH: My primary care physician and blood specialist claim there is nothing that will increase white blood cell count. Are there any supplements that I can take or foods I can eat to improve the low count? — R.J.L.

ANSWER: The question is, why is your white blood cell count low? Some people have low white blood cell counts for no reason; it runs in families, so there aren’t any health concerns there. However, there are a large variety of blood diseases that cause low white cell counts. Some affect the lymphocytes, while others affect the granulocytes (the two main types of white cells).

Nutritional deficiencies are extremely rare in North America (vitamin B12, folic acid and copper are the exceptions that should be looked for), so neither diet nor supplements are usually helpful. If there’s an absence of blood disease or symptoms, low white blood cell counts usually do not need treatment.



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